

Cannonball Cooper Age Group Championships

Complete Results

Licensed to Atlantic Coast Timing Systems - Contractor License

HY-TEK's Meet Manager

7/10/2011

25TH Cannonball Cooper Invitational - 7/9/2011

Age Group Championship

Clover Hill High School

Results

Event 1 Girls Long Jump Sub-bantam

| Name | Year Team | Seed | Finals |
|---------------------|--------------|----------|---------|
| Finals | | | |
| 1 Perrello, Yvonnia | Lightning Ea | 10-00.00 | 9-08.00 |
| 2 Young, Leslie | Lazers | 7-00.00 | 9-02.25 |
| 3 Wynter, Halie | Central Va T | | 9-01.50 |
| 4 Wilson, Minx | Lightning Ea | 7-00.00 | 7-02.75 |
| 5 Boykins, Julia | Churchland T | | 6-06.00 |
| -- Givens, Siara | Tri-City Jet | 10-00.00 | FOUL |

Event 2 Boys Long Jump Sub-bantam

| Name | Year Team | Seed | Finals |
|---------------------|--------------|----------|----------|
| 1 Mcduffie, Tyree | Churchland T | | 10-08.25 |
| 2 Redwine, Jacari | East End Tra | | 10-06.00 |
| 3 Booker, Nicholas | Lightning Ea | 10-00.00 | 10-02.50 |
| 4 Lavender, Tyrese | Track 757 TC | | 9-05.00 |
| 5 Greene, Andre | Lightning Ea | | 8-07.00 |
| 6 Hardy, Deondre | Churchland T | | 8-00.50 |
| 7 Valentine, Joseph | Unattached | | 7-00.75 |

Event 3 Girls Long Jump Bantam

| Name | Year Team | Seed | Finals |
|--------------------|--------------|----------|----------|
| 1 Roe, Zayin | Richmond Hea | 13-06.75 | 12-09.00 |
| 2 Jones, Joselyn | Virginia Pro | 13-00.00 | 11-01.25 |
| 3 Gaston, Imani | East End Tra | | 10-02.50 |
| 4 Scott, Alysa | Unattached | 10-04.00 | 9-05.50 |
| 5 Woodson, Dakyia | Lightning Ea | | 4-06.50 |
| -- Sydnor, Sania | Lightning Ea | | ND |
| -- Edwards, Amahri | Churchland T | | ND |
| -- Rucker, Khari | Richmond Hea | 10-00.75 | ND |

Event 4 Boys Long Jump Bantam

| Name | Year Team | Seed | Finals |
|------|-----------|------|--------|
|------|-----------|------|--------|

| | | | | |
|----|--------------------|--------------|----------|----------|
| 1 | Holmes, Jaren | Virginia Pro | 14-07.00 | 14-02.25 |
| 2 | Martin, Angelo | Pwc Panthers | 14-00.00 | 14-01.50 |
| 3 | Gill, Grant | Norfolk Real | 15-00.00 | 13-08.75 |
| 4 | Hayes, Josiah | Churchland T | 13-00.00 | 12-06.00 |
| 5 | Henderson, Tyriq | East End Tra | | 12-02.00 |
| 6 | Gray, Taejan | Tri-City Jet | | 11-09.00 |
| 7 | Adams, Devon | Norfolk Real | | 11-08.00 |
| 8 | Bunch, Nashawn | Churchland T | | 10-11.00 |
| 9 | Bynum, Kavon | Richmond Hea | | 10-10.00 |
| 10 | Tyree, Chris | Central Va T | | 10-06.00 |
| 11 | Kittrell, Bryson | Tri-City Jet | | 10-05.25 |
| 12 | Middgett, Keyandre | Churchland T | 13-00.00 | 10-05.00 |
| 13 | Jaeden, Gumbs | Lightning Ea | 10-05.00 | 10-04.75 |
| 14 | Bynum, Kevon | Richmond Hea | | 9-07.50 |
| 15 | Holoman, Isaiah | Central Va T | | 8-00.50 |
| 16 | Postell, Ahmir | Track 757 TC | | 7-11.00 |
| 17 | Winfield, Jalen | Central Va T | | 7-10.00 |

Event 5 Girls Long Jump Midget

| Name | Year Team | Seed | Finals | |
|------|--------------------|--------------|----------|----------|
| 1 | Jeffrey, Dymier | Richmond Hea | 14-07.75 | 14-03.50 |
| 2 | Parks, Skylar | East End Tra | 14-00.00 | 13-05.00 |
| 3 | Jackson, Amaya | Central Va T | | 12-09.50 |
| 4 | Wynter, Hanna | Central Va T | | 12-05.00 |
| 5 | Embe, Kimberly | Tri-City Jet | | 12-03.00 |
| 6 | Carney, Keiasha | Lightning Ea | 11-05.00 | 12-02.00 |
| 7 | Lightfoot, Brianna | Richmond Hea | | 11-07.50 |
| 8 | Stark, Samone | Richmond Hea | | 11-06.00 |
| 9 | Nesmith, Lynise | East End Tra | 12-11.00 | 11-04.50 |
| 9 | Kittrell, Brielle | Tri-City Jet | 13-00.00 | 11-04.50 |
| 11 | Simon, Brianna | Tri-City Jet | | 11-03.50 |
| 12 | Prosise, Taylor | Central Va T | | 10-06.00 |
| 13 | Lane, Jaylyn | Churchland T | | 9-09.00 |
| 14 | Hill, Natalie | West End Ric | | 9-07.00 |

Event 6 Boys Long Jump Midget

| Name | Year Team | Seed | Finals | |
|------|-------------------|--------------|----------|----------|
| 1 | Bynum, Donte | Richmond Hea | 14-01.00 | 14-04.00 |
| 2 | Laury, Trevor | Central Va T | | 14-02.50 |
| 3 | Ray, Jalen | Hampton City | | 14-01.50 |
| 4 | Greenhow, Donovan | Richmond Hea | | 13-11.00 |
| 5 | Thorougood, Tyler | Norfolk Real | 13-00.00 | 13-08.00 |
| 6 | Coley, Keon | Jumpfanatics | 15-00.00 | 13-02.00 |
| 7 | Mahmood, Qasir | Richmond Hea | | 11-07.50 |
| 8 | Hardy, Derick | Churchland T | 14-00.00 | 11-04.50 |
| 9 | Depriest, Jalen | Lightning Ea | | 11-04.25 |
| 10 | Still, Isaiah | Central Va T | | 10-09.00 |
| 11 | Mccargo, Cameron | Jumpfanatics | | 10-06.00 |
| 12 | Swann, Taj | Central Va T | | 9-10.00 |
| 13 | Jordan, Yusef | Central Va T | | 9-04.50 |
| -- | Ward, Tommelik | Henrico Pace | 12-00.00 | ND |

Event 7 Girls Long Jump Youth

| Name | Year Team | Seed | Finals |
|----------------------|--------------|----------|----------|
| 1 Roe, Lachyna | Richmond Hea | 16-02.00 | 17-03.75 |
| 2 Leonard, Jaelan | Norfolk Real | 15-00.00 | 14-06.50 |
| 3 Dixon, Lyric | Pwc Panthers | | 14-06.00 |
| 4 Washington, Tenae | Richmond Hea | | 14-02.75 |
| 5 Greenhow, Keion | Richmond Hea | | 14-00.00 |
| 6 Lewis, Kamiya | Tri-City Jet | 16-00.00 | 13-09.00 |
| 7 Harris, Jacolbi | Hampton City | | 13-06.00 |
| 8 Burnette, Brooke | Pwc Panthers | 16-00.00 | 13-02.00 |
| 9 Washington, Jasmin | Pwc Panthers | 15-00.00 | 12-11.00 |
| 10 Mcshine, Nia | Tri-City Jet | | 12-02.50 |
| 11 Ferebee, Laneaa | Churchland T | 12-00.00 | 11-07.00 |
| 12 Johnson, Sabrina | Norfolk Real | | 11-04.50 |
| -- Brown, Alexis | Tri-City Jet | | ND |
| -- Hinton, Joyner | X-Factor TC | 14-09.00 | ND |

Event 8 Boys Long Jump Youth

| Name | Year Team | Seed | Finals |
|---------------------|--------------|----------|----------|
| 1 Coley, Donnell | Jumpfanatics | 19-00.00 | 18-03.50 |
| 2 Crewe, Nicholas | Unattached | 18-00.00 | 18-02.00 |
| 3 Williams, Xavier | Tri-City Jet | 21-00.00 | 17-11.00 |
| 4 Akil, Isaiah | Track Expres | 17-00.00 | 17-10.50 |
| 5 Smith, Aaron | Richmond Hea | | 15-09.00 |
| 6 Wallace, Chauncey | Pwc Panthers | 15-00.00 | 15-05.00 |
| 7 Coley, Kjon | Jumpfanatics | 17-00.00 | 14-10.50 |
| 8 Hodges, Michael | West End Ric | | 14-06.00 |
| 9 Johnson, Patrick | Track Expres | | 13-08.00 |
| 10 Davis, Jeremy | Richmond Hea | | 13-05.00 |
| 11 Young, Xavier | West End Ric | 15-07.00 | 12-11.00 |
| 12 Wise, Jesstyn | Pwc Panthers | 10-00.00 | 12-10.00 |

Event 9 Girls Long Jump Intermediate

| Name | Year Team | Seed | Finals |
|----------------------|--------------|----------|----------|
| 1 Toliver, Jessica | Lazers | 17-05.00 | 16-02.00 |
| 2 Goin, Alexandra | Central Va T | | 15-08.00 |
| 3 Lawson, Courtney | Central Va T | | 15-02.50 |
| 4 Montgomery, Yontee | Tri-City Jet | 15-00.00 | 14-01.00 |
| -- Morris, Illisa | Central Va T | | FOUL |
| -- Davis, Deonna | Richmond Tra | | FOUL |
| -- Hill, Briannca | Central Va T | | FOUL |

Event 10 Boys Long Jump Intermediate

| Name | Year Team | Seed | Finals |
|---------------------------|--------------|----------|----------|
| 1 Muqtadir, Mustafu | Tri-City Jet | 22-00.00 | 20-04.50 |
| 2 Kanney, Mike | Central Va T | | 19-02.00 |
| 3 Segovia, David | Richmond Tra | | 18-00.50 |
| 4 Khummungkuni, Sathaporn | Tri-City Jet | 20-00.00 | 17-06.00 |
| 4 Gee, Daquan | Churchland T | 17-00.00 | 17-06.00 |

| | | | | |
|----|--------------------|--------------|----------|----------|
| 6 | Blackley, Joeell | Churchland T | 18-00.00 | 16-05.00 |
| 7 | Taylor, Kahlil | Churchland T | | 16-02.00 |
| 8 | Martin, Marcus | Tri-City Jet | | 15-03.00 |
| 9 | Taylor, Gene | Churchland T | | 15-02.50 |
| 10 | Jasey, Kewuan | Unattached | | 14-03.00 |
| -- | Dandrige, Davorian | Central Va T | | FOUL |

Event 11 Girls Long Jump Young

| Name | Year Team | Seed | Finals |
|------|-----------------|----------|----------|
| 1 | Lee, Javette | | 17-07.00 |
| 2 | Jones, Janae | 16-04.00 | 16-11.00 |
| 3 | Allen, Mary | | 14-11.00 |
| 4 | Thompson, Diyea | 17-00.00 | 13-00.00 |
| -- | Cotman, Paris | | FOUL |

Event 12 Boys Long Jump Young

| Name | Year Team | Seed | Finals |
|------|-------------------|----------|----------|
| 1 | Marriner, Joshua | 23-01.00 | 20-10.50 |
| 2 | Dodson, Taylor | 20-00.00 | 20-02.50 |
| 3 | Laury, Brandyn | | 19-11.00 |
| 4 | Roney, Rodhem | 22-00.00 | 19-04.50 |
| 5 | Cherry, Devante | | 19-01.50 |
| 6 | Bennett, Alandrie | | 17-11.50 |
| 7 | Grant, Deonte | 19-09.00 | 17-07.50 |
| 8 | Donald, Bre-On | | 16-02.00 |

Event 13 Girls Shot Put Sub-bantam

| Name | Year Team | Seed | Finals |
|------|------------------|------|----------|
| 1 | Peebles, Saleyah | | 10-11.50 |
| 2 | Pierce, Jada | | 8-01.50 |
| 3 | Wilson, Minx | | 7-01.00 |

Event 14 Boys Shot Put Sub-bantam

| Name | Year Team | Seed | Finals |
|------|---------------------|----------|----------|
| 1 | Greene, Andre | 17-00.00 | 16-00.00 |
| 2 | Speight, Rowan | 14-00.00 | 14-04.00 |
| 3 | Valentine, Joseph | | 13-08.50 |
| 4 | Pierce, Jalen | | 9-10.00 |
| 5 | Thomas-fugate, Zion | | 9-08.00 |

Event 15 Girls Shot Put Bantam

| Name | Year Team | Seed | Finals |
|------|------------------|----------|----------|
| 1 | Hairston, Elon | | 20-04.00 |
| 2 | Jones, Szahria | 19-00.00 | 20-00.00 |
| 3 | Williams, Kendra | 16-07.00 | 19-02.00 |
| 4 | Wallace, Ashley | | 17-02.50 |
| 5 | Erica, Smith | | 16-01.00 |

| | | | |
|--------------------|--------------|----------|----------|
| 6 Creed, Darcy | Central Va T | | 15-10.00 |
| 7 Cook, Kyrie | Richmond Hea | | 14-00.00 |
| 8 Kidd, Jatavia | Churchland T | | 12-07.00 |
| 9 Lewis, Sierra | Virginia Pro | 14-00.00 | 12-01.00 |
| 10 Woodson, Dakyia | Lightning Ea | | 11-07.00 |
| 11 Kidd, Jasmine | Churchland T | | 11-06.00 |
| 12 Watts, Carter | West End Ric | | 8-08.00 |

Event 16 Boys Shot Put Bantam

| Name | Year Team | Seed | Finals |
|--------------------|--------------|----------|----------|
| 1 Stafford, Justin | Henrico Pace | 24-00.00 | 24-08.00 |
| 2 Perrello, Biagio | Lightning Ea | 22-00.00 | 20-07.00 |
| 3 Bynum, Kevon | Richmond Hea | | 17-07.50 |
| 4 James, Dyron | Churchland T | | 16-09.00 |
| 5 Bynum, Kavon | Richmond Hea | | 15-08.00 |
| 6 Jones, Ajani | Track 757 TC | | 15-07.00 |
| 7 Postell, Ahmad | Track 757 TC | | 14-07.00 |

Event 17 Girls Shot Put Midget

| Name | Year Team | Seed | Finals |
|------------------|--------------|----------|----------|
| 1 Hinton, Jade | X-Factor TC | 27-00.00 | 28-06.50 |
| 2 Watts, Ashlie | West End Ric | 25-10.00 | 25-03.50 |
| 3 France, Dyanna | Tri-City Jet | | 19-01.00 |
| 4 Watts, Parker | West End Ric | | 18-09.00 |
| 5 McRae, Jessica | West End Ric | 17-00.00 | 18-07.00 |
| 6 Fox, Halie | West End Ric | | 16-02.00 |
| 7 Bass, Joi | Lightning Ea | | 15-08.00 |

Event 18 Boys Shot Put Midget

| Name | Year Team | Seed | Finals |
|----------------------|--------------|----------|----------|
| 1 Copeland, Chauncey | Central Va T | | 34-09.50 |
| 2 Davis, Taquan | Boys And Gir | 40-00.00 | 32-00.00 |
| 3 Holloway, Jalen | Hampton City | | 30-09.00 |
| 4 Boyd, Alon | Boys And Gir | 27-00.00 | 27-03.00 |
| 5 Goodhope, Cory | Track 757 TC | | 27-01.00 |
| 6 Richardson, Khalil | Pwc Panthers | 26-00.00 | 25-09.00 |
| 7 Boykins, Carroll | Churchland T | 25-00.00 | 25-03.50 |
| 8 Bland, Pope | Richmond Hea | 22-01.00 | 24-11.00 |
| 9 Postell, Adrian | Track 757 TC | | 21-02.00 |

Event 19 Girls Shot Put Youth

| Name | Year Team | Seed | Finals |
|--------------------|--------------|----------|----------|
| 1 Morris, Sidra | Central Va T | | 35-06.00 |
| 2 Haskins, Alexis | Track 757 TC | | 28-00.50 |
| 3 Daughtry, Darius | Tri-City Jet | 26-00.00 | 27-10.00 |
| 4 France, Daija | Tri-City Jet | 30-00.00 | 27-05.00 |
| 5 Banks, Aleya | Churchland T | 29-00.00 | 27-03.00 |
| 6 Jones, Briahna | Tri-City Jet | 28-00.00 | 26-09.00 |
| 7 Brown, Britney | Tri-City Jet | | 25-07.00 |

| | | | |
|-------------------|--------------|----------|----------|
| 8 Ferebee, Laneaa | Churchland T | 24-00.00 | 25-03.00 |
| 9 Brevard, Tyra | Pwc Panthers | | 24-09.00 |
| 10 Smith, Shanyyn | Churchland T | 22-00.00 | 20-09.00 |

Event 20 Boys Shot Put Youth

| Name | Year Team | Seed | Finals |
|--------------------------|--------------|----------|----------|
| 1 Mines, Stephen | Tri-City Jet | 38-00.00 | 35-02.00 |
| 2 Thompson, Jeremiah | Tri-City Jet | 39-00.00 | 32-09.00 |
| 3 Littleton, Tavon | Track Expres | | 32-01.00 |
| 4 Clark, Franklin | Richmond Hea | | 29-09.00 |
| 5 Boyd, Gabe | Boys And Gir | 31-00.00 | 26-11.00 |
| 5 Walljr, Michael | Lightning Ea | 30-00.00 | 26-11.00 |
| 7 Scott-brodie, Antron | Churchland T | | 25-03.00 |
| 8 Gilliam, Christian | Richmond Tra | | 23-02.50 |
| 9 Johnson, Patrick | Track Expres | | 20-07.00 |
| 10 Wilson-jones, Tyreicq | Lightning Ea | 23-00.00 | 20-02.00 |

Event 21 Girls Shot Put Intermediate

| Name | Year Team | Seed | Finals |
|--------------------|--------------|----------|----------|
| 1 Embe, Maricela | Tri-City Jet | 38-00.00 | 30-11.50 |
| 2 Smith, Amirah | Western Bran | | 30-07.00 |
| 3 Wilson, Victoria | Track 757 TC | | 29-07.00 |
| 4 Lawson, Courtney | Central Va T | | 28-11.50 |
| 5 Dang, Malina | Richmond Tra | | 26-07.50 |
| 6 Hill, Briannca | Central Va T | | 22-11.00 |

Event 22 Boys Shot Put Intermediate

| Name | Year Team | Seed | Finals |
|--------------------|--------------|----------|----------|
| 1 Gavin, Arrington | Unattached | 34-00.00 | 34-04.00 |
| 2 Jasey, Kewuan | Unattached | 38-00.00 | 31-03.00 |
| 3 Long, Ryan | Unattached | 32-00.00 | 29-07.00 |
| 4 Martin, Marcus | Tri-City Jet | | 24-07.00 |

Event 23 Girls Shot Put Young

| Name | Year Team | Seed | Finals |
|------------------------|--------------|----------|----------|
| 1 Smith, Asia | Unattached | | 37-01.00 |
| 2 Callicutt, Catherine | Central Va T | | 30-04.00 |
| 3 Thompson, Diyea | Tri-City Jet | 37-00.00 | 23-04.00 |

Event 24 Boys Shot Put Young

| Name | Year Team | Seed | Finals |
|---------------------|--------------|----------|----------|
| 1 Hill, Ezra | Central Va T | | 48-06.00 |
| 2 Thompson, Clifton | Tri-City Jet | 44-00.00 | 46-00.00 |
| 3 Dhanoa, Swai | Unattached | | 33-06.00 |
| 4 Henley, John | Tri-City Jet | | 31-08.00 |

Event 25 Girls Discus Throw Young

| Name | Year Team | Seed | Finals |
|-------------------|--------------|--------|--------|
| 1 Smith, Asia | Unattached | | 102-08 |
| 2 Thompson, Diyea | Tri-City Jet | 115-00 | 82-01 |

Event 26 Boys Discus Throw Young

| Name | Year Team | Seed | Finals |
|---------------------|--------------|--------|-----------|
| 1 Thompson, Clifton | Tri-City Jet | 185-00 | 166-05 |
| 2 Hill, Ezra | Central Va T | | 130-04.50 |
| 3 Dhanoa, Swai | Unattached | | 78-00 |
| 4 Henley, John | Tri-City Jet | | 71-11 |

Event 27 Girls Discus Throw Intermediate

| Name | Year Team | Seed | Finals |
|------------------|--------------|--------|----------|
| 1 Embe, Maricela | Tri-City Jet | 120-00 | 77-05 |
| 2 Smith, Amirah | Western Bran | | 55-11.50 |

Event 28 Boys Discus Throw Intermediate

| Name | Year Team | Seed | Finals |
|--------------------|------------|--------|-----------|
| 1 Long, Ryan | Unattached | 102-00 | 102-07.50 |
| 2 Jasey, Kewuan | Unattached | 114-00 | 89-07.50 |
| 3 Gavin, Arrington | Unattached | 98-00 | 86-07 |

Event 29 Girls Discus Throw Youth

| Name | Year Team | Seed | Finals |
|--------------------|--------------|-------|----------|
| 1 Smith, Shanyn | Churchland T | 72-00 | 62-09.50 |
| 2 France, Daija | Tri-City Jet | 85-00 | 62-02 |
| 3 Daughtry, Darius | Tri-City Jet | 74-00 | 54-06.50 |
| 4 Ferebee, Laneaa | Churchland T | 50-05 | 51-09.50 |
| 5 Brown, Britney | Tri-City Jet | | 50-05.25 |
| 6 Jones, Briahna | Tri-City Jet | 88-00 | 46-11.50 |

Event 30 Boys Discus Throw Youth

| Name | Year Team | Seed | Finals |
|-------------------------|--------------|--------|----------|
| 1 Boyd, Gabe | Boys And Gir | 117-00 | 109-04 |
| 2 Thompson, Jeremiah | Tri-City Jet | 115-00 | 102-07 |
| 3 Clark, Franklin | Richmond Hea | | 99-05.25 |
| 4 Littleton, Tavon | Track Expres | | 91-06.50 |
| 5 Nguyen, Leon | Tri-City Jet | | 70-11 |
| 6 Walljr, Michael | Lightning Ea | 75-00 | 55-04.50 |
| 7 Wilson-jones, Tyreicq | Lightning Ea | 58-00 | 53-09 |

Event 31 Girls Discus Throw Midget

| Name | Year Team | Seed | Finals |
|------|-----------|------|--------|
|------|-----------|------|--------|

| | | | |
|--------------------|--------------|-------|----------|
| 1 Miles, Toni | Churchland T | | 49-08 |
| 2 Futrell, Dejhane | X-Factor TC | 50-00 | 45-02.50 |

Event 32 Boys Discus Throw Midget

| Name | Year Team | Seed | Finals |
|----------------------|--------------|-------|----------|
| 1 Boyd, Alon | Boys And Gir | 88-00 | 78-00.50 |
| 2 Sessoms, Douglas | Hampton City | | 76-00.25 |
| 3 Holloway, Jalen | Hampton City | | 71-05.75 |
| 4 Goodhope, Cory | Track 757 TC | | 63-03.25 |
| 5 Copeland, Chauncey | Central Va T | | 62-11.50 |
| 6 Bland, Pope | Richmond Hea | 50-08 | 49-01.25 |
| 7 Postell, Adrian | Track 757 TC | | 47-08.50 |
| 8 Alston, Tyneil | Churchland T | 45-00 | 36-09 |
| 9 Dacosta, Gordon | Churchland T | | 28-02 |

Event 33 Girls High Jump Bantam

| Name | Year Team | Seed | Finals |
|---------------------|--------------|------|---------|
| 1 Wallace, Ashley | Pwc Panthers | | 3-08.00 |
| 2 Harrell, Derriona | Track 757 TC | | 3-06.00 |
| 3 Bell, Genesis | Track 757 TC | | 3-03.00 |
| 4 Pierre, Jada | Pwc Panthers | | 3-02.00 |

Event 34 Boys High Jump Bantam

| Name | Year Team | Seed | Finals |
|--------------------|--------------|---------|----------|
| 1 Bennett, Donrae | Richmond Tra | | 4-00.00 |
| 2 Midgett, Keyonte | Churchland T | 3-10.00 | J4-00.00 |
| 3 Perrello, Biagio | Lightning Ea | 3-08.00 | 3-09.00 |
| 4 Jackson, James | Lightning Ea | | 3-08.00 |
| 5 Bynum, Kavon | Richmond Hea | | 3-04.00 |
| 6 Bynum, Kevon | Richmond Hea | | 3-02.00 |

Event 35 Girls High Jump Midget

| Name | Year Team | Seed | Finals |
|-------------------|--------------|---------|----------|
| 1 Jeffrey, Dymier | Richmond Hea | | 4-00.00 |
| 2 Ward, Destiny | Track 757 TC | | 3-11.00 |
| 3 Page, Destiny | Lightning Ea | 3-08.00 | J3-11.00 |
| 4 Carney, Keiasha | Lightning Ea | 3-08.00 | 3-10.00 |

Event 36 Boys High Jump Midget

| Name | Year Team | Seed | Finals |
|--------------------|--------------|---------|---------|
| 1 Rucker, Jabari | Richmond Hea | | 4-10.00 |
| 2 Ray, Jalen | Hampton City | | 4-00.00 |
| 3 Alston, Tyneil | Churchland T | 3-06.00 | 3-11.00 |
| 4 Hardy, Derick | Churchland T | | 3-10.00 |
| 5 Mccargo, Cameron | Jumpfanatics | | 3-07.00 |
| 5 Coley, Keon | Jumpfanatics | 4-00.00 | 3-07.00 |
| 5 Bynum, Donte | Richmond Hea | | 3-07.00 |

5 Baliey, Coby

Track 757 TC

3-07.00

Event 37 Girls High Jump Youth

| Name | Year Team | Seed | Finals |
|-----------------------|--------------|---------|---------|
| 1 Jones, Brenna | X-Factor TC | 4-06.00 | 4-08.00 |
| 2 Haynesworth, Leila | Richmond Hea | | 4-04.00 |
| 3 Lewis, Sydney | Richmond Hea | | 4-02.00 |
| 4 Skinner, Shaytorria | Track 757 TC | | 4-00.00 |
| -- Peterson, Makayla | Richmond Tra | | NH |

Event 38 Boys High Jump Youth

| Name | Year Team | Seed | Finals |
|-----------------------|--------------|---------|---------|
| 1 Jones, Bradley | X-Factor TC | 6-00.00 | 6-00.00 |
| 2 Coley, Donnell | Jumpfanatics | 5-00.00 | 5-06.00 |
| -- Thompson, Jeremiah | Tri-City Jet | | NH |

Event 39 Girls High Jump Intermediate

| Name | Year Team | Seed | Finals |
|----------------------|--------------|---------|---------|
| 1 Coles, Ashley | Western Bran | | 4-07.00 |
| -- Goodlet, Adrienne | X-Factor TC | 4-08.00 | NH |

Event 40 Boys High Jump Intermediate

| Name | Year Team | Seed | Finals |
|-------------------|--------------|---------|---------|
| 1 Todd, Micah | Central Va T | | 5-08.00 |
| 2 Hightower, John | Track Expres | 5-06.00 | 5-04.00 |
| 2 Wilmot, Tylon | Tri-City Jet | | 5-04.00 |

Event 41 Girls High Jump Young

| Name | Year Team | Seed | Finals |
|--------------|--------------|------|---------|
| 1 Dang, Lisa | Richmond Tra | | 5-00.00 |

Event 42 Boys High Jump Young

| Name | Year Team | Seed | Finals |
|---------------------|--------------|------|---------|
| 1 Bennett, Alandrie | Richmond Tra | | 6-00.00 |

Event 43 Girls Javelin Throw Turbo Jav Sub-bantam

| Name | Year Team | Seed | Finals |
|--------------------|--------------|------|----------|
| 1 Peebles, Saleyah | Churchland T | | 25-01.50 |
| 2 Williams, Yanne | Unattached | | 17-07 |
| 3 Pierce, Jada | Lightning Ea | | 15-03 |
| 4 Knox, Yaszmin | Track 757 TC | | 14-10 |
| 5 Bell, Giannah | Track 757 TC | | 12-06 |
| 6 Patron, Kendall | Central Va T | | 12-00 |

Event 44 Boys Javelin Throw Turbo Jav Sub-bantam

| Name | Year Team | Seed | Finals |
|------------------|--------------|------|--------|
| -- Pierce, Jalen | Lightning Ea | | ND |

Event 45 Girls Javelin Throw Turbo Jav Bantam

| Name | Year Team | Seed | Finals |
|-------------------|--------------|------|--------|
| 1 Watts, Carter | West End Ric | | 21-00 |
| 2 Baldwin, Khamya | Churchland T | | 19-01 |
| 3 Kidd, Jasmine | Churchland T | | 18-04 |
| 4 Kidd, Jatavia | Churchland T | | 17-10 |

Event 46 Boys Javelin Throw Turbo Jav Bantam

| Name | Year Team | Seed | Finals |
|--------------------|--------------|------|----------|
| 1 Kittrell, Bryson | Tri-City Jet | | 49-05 |
| 2 Jackson, James | Lightning Ea | | 39-11 |
| 3 Depriest, Justin | Lightning Ea | | 38-10.25 |
| 4 Postell, Ahmir | Track 757 TC | | 37-02 |
| 5 Postell, Ahmad | Track 757 TC | | 35-01 |
| 6 Jones, Ajani | Track 757 TC | | 34-04 |
| 7 Holoman, Isaiah | Central Va T | | 19-07 |

Event 47 Girls Javelin Throw Turbo Jav Midget

| Name | Year Team | Seed | Finals |
|---------------------|--------------|------|----------|
| 1 Kittrell, Brielle | Tri-City Jet | | 49-06.50 |
| 2 Simon, Brianna | Tri-City Jet | | 43-04.50 |
| 3 Leeper, Jayda | Lightning Ea | | 40-08 |
| 4 France, Dyanna | Tri-City Jet | | 34-09 |
| 5 Page, Destiny | Lightning Ea | | 34-03 |
| 6 Mayfield, Joelle | Lightning Ea | | 29-05 |
| 7 Watts, Parker | West End Ric | | 27-04 |
| 8 McRae, Jessica | West End Ric | | 27-02.50 |
| 9 Fox, Halie | West End Ric | | 20-08 |

Event 48 Boys Javelin Throw Turbo Jav Midget

| Name | Year Team | Seed | Finals |
|--------------------|--------------|------|--------|
| 1 Sessoms, Douglas | Hampton City | | 70-04 |
| 2 Jonhson, Shawn | Churchland T | | 48-09 |
| 3 Dacosta, Gordon | Churchland T | | 35-02 |

Event 49 Girls Triple Jump Youth

| Name | Year Team | Seed | Finals |
|----------------------|--------------|------|----------|
| 1 Roe, Lachyna | Richmond Hea | | 36-10.50 |
| 2 Haynesworth, Leila | Richmond Hea | | 32-00.00 |
| 3 Greenhow, Keion | Richmond Hea | | 30-11.00 |

| | | | |
|---|-------------------|--------------|----------|
| 4 | Washington, Tenae | Richmond Hea | 29-09.50 |
| 5 | Lewis, Sydney | Richmond Hea | 28-04.00 |
| 6 | Amis, Asia | Track Expres | 28-00.00 |

Event 50 Boys Triple Jump Youth

| Name | Year Team | Seed | Finals |
|-----------------------|--------------|----------|----------|
| 1 Williams, Xavier | Tri-City Jet | 39-00.00 | 36-10.50 |
| 2 White, Darryl | Tri-City Jet | | 35-02.00 |
| 3 Smith, Aaron | Richmond Hea | | 34-08.00 |
| 4 Davis, Jeremy | Richmond Hea | | 31-01.00 |
| 5 Abdus-salaam, Zafir | Churchland T | 30-10.00 | 30-05.00 |
| 6 Andrews, Louis | Churchland T | | 29-03.00 |

Event 51 Girls Triple Jump Intermediate

| Name | Year Team | Seed | Finals |
|--------------------|--------------|----------|----------|
| 1 England, Tiffany | Tri-City Jet | 37-00.00 | 35-09.00 |
| 2 Wilson, April | Tri-City Jet | 37-00.00 | 34-03.00 |
| 3 Lawson, Courtney | Central Va T | | 33-06.00 |
| 4 Revis, Nina | Western Bran | | 31-00.00 |
| 5 Davis, Deonna | Richmond Hea | | 29-10.00 |

Event 52 Boys Triple Jump Intermediate

| Name | Year Team | Seed | Finals |
|----------------------|--------------|----------|----------|
| 1 Dandrige, Davorian | Central Va T | | 42-10.00 |
| 2 Muqtadir, Mustafu | Tri-City Jet | 41-00.00 | 42-01.00 |
| 3 Todd, Micah | Central Va T | | 41-01.00 |
| 4 Kanney, Mike | Central Va T | | 38-02.00 |
| 5 Morgan, Jason | Unattached | | 37-11.00 |

Event 53 Girls Triple Jump Young

| Name | Year Team | Seed | Finals |
|------------------|--------------|----------|----------|
| 1 Gray, Desmonae | Western Bran | 40-08.00 | 37-08.00 |
| 2 Jones, Janae | Lazers | 37-03.00 | 36-07.50 |
| 3 Crook, Crystal | Speed Tech T | 31-03.00 | 33-04.00 |
| 4 Cotman, Paris | Central Va T | | 31-10.00 |

Event 54 Boys Triple Jump Young

| Name | Year Team | Seed | Finals |
|------------------|--------------|----------|----------|
| 1 Dodson, Taylor | Norfolk Real | 42-00.00 | 42-03.00 |

Event 58 Boys 3000 Meter Run Midget

| Name | Year Team | Seed | Finals |
|-------------------|--------------|----------|----------|
| 1 Speight, Adrian | Pwc Panthers | 13:00.00 | 13:59.80 |

Event 59 Girls 3000 Meter Run Youth

| Name | Year Team | Seed | Finals |
|-------------------|--------------|----------|----------|
| 1 Malhotra, Ana | Unattached | 12:02.00 | 12:49.32 |
| 2 Lyons, Cha-qera | Boys And Gir | 13:00.00 | 12:52.99 |
| 3 Smith, Shanyyn | Churchland T | 15:00.00 | 15:00.62 |

Event 60 Boys 3000 Meter Run Youth

| Name | Year Team | Seed | Finals |
|------------------|--------------|---------|----------|
| 1 Andrews, Louis | Churchland T | 5:15.00 | 12:30.94 |

Event 61 Girls 200 Meter Hurdles Youth

| Name | Year Team | Seed | Finals |
|-------------------------|--------------|-------|--------|
| 1 Roe, Lachyna | Richmond Hea | | 30.31 |
| 2 Haynesworth, Leila | Richmond Hea | | 30.60 |
| 3 Wyatt-scott, Jonniece | Tri-City Jet | | 30.67 |
| 4 Morris, Sidra | Central Va T | | 31.59 |
| 5 Harrison, Gebria | Lightning Ea | 31.00 | 32.05 |
| 6 Skinner, Shaytorria | Track 757 TC | 27.00 | 32.87 |
| 7 Lewis, Sydney | Richmond Hea | | 33.84 |

Event 62 Boys 200 Meter Hurdles Youth

| Name | Year Team | Seed | Finals |
|-----------------------|--------------|-------|--------|
| 1 Holloway, Grant | Track 757 TC | | 28.33 |
| 2 Clark, Niairi | Track 757 TC | | 32.42 |
| 3 Abdus-salaam, Zafir | Churchland T | 31.30 | 32.76 |
| 4 Davis, Jeremy | Richmond Hea | | 32.92 |
| 5 Johnson, Patrick | Track Expres | | 35.47 |

Event 63 Girls 400 Meter Hurdles Intermediate

| Name | Year Team | Seed | Finals |
|-----------------|--------------|---------|---------|
| 1 Murry, Alexis | Speed Tech T | 1:06.00 | 1:08.29 |
| 2 Matute, Alexa | Western Bran | 1:12.00 | 1:17.35 |

Event 64 Girls 400 Meter Hurdles Young

| Name | Year Team | Seed | Finals |
|-------------------|--------------|------|---------|
| 1 Allen, Mary | Central Va T | | 1:05.31 |
| 2 Mitchell, Devin | Western Bran | | 1:12.38 |

Event 65 Boys 400 Meter Hurdles Intermediate

| Name | Year Team | Seed | Finals | H# |
|------------------|--------------|---------|---------|----|
| 1 Todd, Micah | Central Va T | 1:00.00 | 59.53 | 2 |
| 2 Segovia, David | Richmond Tra | | 1:01.23 | 1 |
| 3 Simpson, Aaron | Western Bran | | 1:01.28 | 1 |
| 4 Ellis, Abdul | Hampton City | 1:00.00 | 1:04.09 | 2 |

| | | | | | |
|---|-----------------|--------------|---------|---------|---|
| 5 | Hightower, John | Track Expres | 1:06.00 | 1:04.12 | 1 |
| 6 | Kelley, Michael | Central Va T | 57.00 | 1:08.13 | 2 |

Event 66 Boys 400 Meter Hurdles Young

| Name | Year Team | Seed | Finals |
|-------------------|--------------|-------|--------|
| 1 Cipcic, Cameron | Western Bran | | 58.95 |
| 2 Scott, Keyvon | Pwc Panthers | 59.00 | 59.71 |

Event 67 Girls 80 Meter Hurdles Midget

| Name | Year Team | Seed | Finals |
|--------------------|--------------|------|--------|
| 1 Jeffrey, Dymier | Richmond Hea | | 14.54 |
| 2 Pryor, Shalaya | Vases X-Pres | | 15.04 |
| 3 Simon, Brianna | Tri-City Jet | | 17.53 |
| 4 Williams, Lamani | Track 757 TC | | 17.69 |

Event 68 Boys 80 Meter Hurdles Midget

| Name | Year Team | Seed | Finals | H# |
|------------------------|--------------|-------|--------|----|
| 1 Baliey, Coby | Track 757 TC | | 13.08 | 2 |
| 2 Pulley, Burnell | Hampton City | | 13.37 | 1 |
| 3 Summerhill, Darius | Track 757 TC | | 16.01 | 2 |
| 4 Waller, Jevon | Churchland T | 16.00 | 16.04 | 2 |
| 5 Jonhson, Shawn | Churchland T | | 17.03 | 1 |
| 6 Collins, Christopher | Henrico Pace | 16.00 | 17.63 | 2 |
| 7 Bell, Geordin | Track 757 TC | | 19.42 | 2 |

Event 69 Girls 100 Meter Hurdles Youth

| Name | Year Team | Seed | Finals | H# |
|-------------------------|--------------|-------|--------|----|
| 1 Pope, Victoria | Pwc Panthers | 16.00 | 17.18 | 2 |
| 2 Wyatt-scott, Jonniece | Tri-City Jet | | 18.40 | 2 |
| 3 Skinner, Shaytorria | Track 757 TC | 15.60 | 18.43 | 2 |
| 4 Miller, Brianna | Central Va T | | 18.72 | 1 |
| 5 Bunch, Ashaila | East End Tra | 18.41 | 18.90 | 2 |
| 6 Haynesworth, Leila | Richmond Hea | | 19.20 | 2 |
| 7 Davis, Kailynn | Track 757 TC | | 20.55 | 1 |

Event 70 Boys 100 Meter Hurdles Youth

| Name | Year Team | Seed | Finals |
|-----------------------|--------------|-------|--------|
| 1 Holloway, Grant | Track 757 TC | | 15.05 |
| 2 McLean, Ellis | Track 757 TC | | 15.93 |
| 3 Clark, Niairi | Track 757 TC | | 19.93 |
| 4 Abdus-salaam, Zafir | Churchland T | 20.00 | 21.26 |

Event 71 Girls 100 Meter Hurdles Intermediate

| Name | Year Team | Seed | Finals |
|-----------------|--------------|-------|--------|
| 1 Murry, Alexis | Speed Tech T | 15.33 | 16.16 |

| | | | |
|--------------------|--------------|-------|-------|
| 2 Toliver, Jessica | Lazers | 15.08 | 16.69 |
| 3 Revis, Nina | Western Bran | | 19.27 |
| 4 Coles, Ashley | Western Bran | | 19.41 |

Event 72 Girls 100 Meter Hurdles Young

| Name | Year Team | Seed | Finals |
|-------------------|--------------|-------|--------|
| 1 Gray, Desmonae | Western Bran | 14.08 | 14.97 |
| 2 Lee, Javette | Unattached | 14.56 | 15.05 |
| 3 Thomas, Ramona | Western Bran | | 16.42 |
| 4 Dang, Lisa | Richmond Tra | | 17.12 |
| 5 Jones, Janae | Lazers | 17.90 | 17.83 |
| 6 Mitchell, Devin | Western Bran | | 18.90 |
| 7 Ward, Schanea | Henrico Pace | 19.00 | 19.53 |

Event 73 Boys 110 Meter Hurdles Intermediate

| Name | Year Team | Seed | Finals | H# |
|---------------------|--------------|-------|--------|----|
| 1 Rogers, Christian | Central Va T | | 15.86 | 2 |
| 2 Simpson, Aaron | Western Bran | | 16.02 | 2 |
| 3 Morgan, Jason | Unattached | 15.00 | 16.19 | 2 |
| 4 Rivers, Louis | Central Va T | 14.23 | 17.96 | 2 |
| 5 Ellis, Abdul | Hampton City | | 19.02 | 1 |

Event 74 Boys 110 Meter Hurdles Young

| Name | Year Team | Seed | Finals |
|-------------------|--------------|------|--------|
| 1 Holloway, Trey | Track 757 TC | | 14.30 |
| 2 Banks, Anthony | Western Bran | | 15.23 |
| 3 Cipcic, Cameron | Western Bran | | 16.79 |

Event 75 Girls 1500 Meter Race Walk Bantam

| Name | Year Team | Seed | Finals |
|--------------------|--------------|----------|----------|
| 1 Ware, Sydney | Virginia Pro | 10:46.00 | 10:30.03 |
| 2 Williams, Kendra | Virginia Pro | 11:04.00 | 11:09.01 |
| 3 Erica, Smith | West End Ric | | 12:47.79 |
| 4 Lewis, Sierra | Virginia Pro | 12:00.00 | 13:06.17 |
| 5 Kidd, Jatavia | Churchland T | | 13:11.02 |
| 6 Kidd, Jasmine | Churchland T | | 13:29.56 |

Event 76 Boys 1500 Meter Race Walk Bantam

| Name | Year Team | Seed | Finals |
|---------------------------|--------------|------|----------|
| 1 Thomas-jordan, Rhayquan | Churchland T | | 10:16.98 |
| 2 James, Dyron | Churchland T | | 10:29.82 |

Event 77 Girls 1500 Meter Race Walk Midget

| Name | Year Team | Seed | Finals |
|---------------------|--------------|------|----------|
| 1 Mcduffie, Taiasia | Churchland T | | 10:16.92 |

| | | | |
|-------------------|--------------|---------|----------|
| 2 Miles, Toni | Churchland T | | 10:37.45 |
| 3 Oliver, Madyson | Track Expres | 7:10.00 | 10:37.77 |
| 4 McRae, Jessica | West End Ric | | 11:13.69 |
| 5 Fox, Halie | West End Ric | | 12:09.32 |
| 6 Watts, Parker | West End Ric | | 13:12.52 |

Event 78 Boys 1500 Meter Race Walk Midget

| Name | Year Team | Seed | Finals |
|----------------------|--------------|----------|----------|
| 1 Valentine, Kenneth | Unattached | | 9:58.70 |
| 2 Hardy, Derick | Churchland T | | 10:52.46 |
| 3 Dacosta, Gordon | Churchland T | 11:30.00 | 11:01.39 |

Event 81 Girls 100 Meter Dash Sub-bantam

| Name | Year Team | Seed | Finals | H# |
|---------------------|--------------|-------|--------|----|
| 1 Ford, Demya | Lightning Ea | 15.00 | 16.15 | 2 |
| 2 Wynter, Halie | Central Va T | | 16.31 | 2 |
| 3 Givens, Siara | Tri-City Jet | 17.00 | 17.69 | 2 |
| 4 Perrello, Yvonnia | Lightning Ea | 15.60 | 18.18 | 2 |
| 5 Bell, Giannah | Track 757 TC | 18.00 | 18.25 | 2 |
| 6 Hill, Mikayla | West End Ric | | 18.96 | 1 |
| 7 Young, Leslie | Lazers | 19.72 | 19.22 | 2 |
| 8 Roach, Gabrielle | East End Tra | | 19.92 | 1 |
| 9 Wilson, Minx | Lightning Ea | | 20.00 | 1 |
| 10 Wiggins, Laila | Churchland T | | 20.18 | 1 |
| 11 Hale, Jayla | Henrico Pace | 18.00 | 20.81 | 2 |
| 12 Zarnock, Lyana | Pwc Panthers | | 22.87 | 1 |

Event 82 Boys 100 Meter Dash Sub-bantam

| Name | Year Team | Seed | Finals | H# |
|------------------------|--------------|-------|--------|----|
| 1 Washington, Willie | Hampton City | 14.00 | 14.22 | 2 |
| 2 Burns, Dylan | East End Tra | 14.84 | 15.03 | 2 |
| 3 Hodges, Marcus | West End Ric | 14.00 | 15.12 | 2 |
| 4 Wray, Sean | East End Tra | 14.90 | 15.62 | 2 |
| 5 Scott, Julian | Unattached | | 16.38 | 1 |
| 6 Alston, Tyshon | Churchland T | | 16.42 | 1 |
| 7 Ward, Jakobe | Lightning Ea | | 16.48 | 1 |
| 8 Richardson, Lester | East End Tra | | 16.83 | 2 |
| 9 Posise, Terry | Central Va T | 14.90 | 16.94 | 2 |
| 10 Booker, Nicholas | Lightning Ea | 15.70 | 17.04 | 2 |
| 11 Wade, Dorien | Central Va T | | 17.20 | 1 |
| 12 Johnson, Kenneth | Lightning Ea | | 18.00 | 2 |
| 13 Thomas-fugate, Zion | Churchland T | | 19.02 | 1 |
| 14 Clark, John | Richmond Hea | | 19.05 | 1 |

Event 83 Girls 100 Meter Dash Bantam

| Name | Year Team | Seed | Finals | H# |
|------------------------|--------------|------|--------|----|
| 1 Goodlet, Daysha | X-Factor TC | | 15.05 | 1 |
| 2 Winfield, Aerial | Central Va T | | 15.42 | 2 |
| 3 Scott-mckoy, Trebreh | Churchland T | | 15.51 | 2 |

| | | | | | |
|----|--------------------|--------------|-------|-------|---|
| 3 | Porter, Maquazha | Churchland T | | 15.51 | 1 |
| 5 | Johnson, Jordyn | Track Expres | 14.60 | 15.78 | 3 |
| 6 | Jones, Joselyn | Virginia Pro | 15.48 | 16.11 | 3 |
| 7 | Hairston, Elon | Central Va T | | 16.16 | 2 |
| 8 | Harrell, Derriona | Track 757 TC | | 16.30 | 2 |
| 9 | Richardson, Jaiyah | Pwc Panthers | 16.00 | 16.34 | 3 |
| 10 | Bell, Genesis | Track 757 TC | 15.70 | 16.71 | 3 |
| 11 | Sydnor, Sania | Lightning Ea | | 17.47 | 1 |
| 12 | Akil, Imani | Track Expres | 17.06 | 17.74 | 3 |
| 13 | Sparks, Jessica | East End Tra | | 17.78 | 1 |
| 14 | Leao, Leilani | Track 757 TC | | 17.79 | 1 |
| 15 | Burnette, Victoria | Pwc Panthers | | 18.20 | 2 |
| 16 | Creed, Darcy | Central Va T | | 18.89 | 1 |
| 17 | Watts, Carter | West End Ric | | 19.03 | 2 |
| 18 | Cook, Kyrie | Richmond Hea | | 19.22 | 2 |
| 19 | Brown, Keishayla | Churchland T | | 19.75 | 2 |

Event 84 Boys 100 Meter Dash Bantam

| Name | Year Team | Seed | Finals | H# | |
|------|----------------------|--------------|--------|-------|---|
| 1 | Patron, Bryce | Central Va T | 13.01 | 13.76 | 4 |
| 2 | Harding, Javonte | Track 757 TC | 14.50 | 14.21 | 4 |
| 3 | Hinton, Jalen | Churchland T | 13.00 | 14.34 | 4 |
| 4 | Tyree, Chris | Central Va T | 14.50 | 14.51 | 4 |
| 5 | Powdar, Kurt | Track 757 TC | | 14.63 | 2 |
| 6 | Adams, Devon | Norfolk Real | 14.00 | 14.68 | 4 |
| 7 | Mansion, Shamar | East End Tra | 14.50 | 14.78 | 4 |
| 8 | Josephs, Christopher | West End Ric | 14.50 | 15.06 | 4 |
| 9 | Midgett, Keyandre | Churchland T | 15.00 | 15.37 | 3 |
| 10 | Knight, Joshua | Churchland T | | 15.46 | 2 |
| 11 | Bennett, Donrae | Richmond Tra | | 15.55 | 2 |
| 12 | Calhoun, Charles | Pwc Panthers | 15.80 | 15.77 | 3 |
| 13 | Stafford, Justin | Henrico Pace | 15.00 | 15.85 | 3 |
| 14 | Ohara, Jayden | Track 757 TC | | 15.88 | 3 |
| 15 | Jaeden, Gumbs | Lightning Ea | 15.60 | 16.01 | 3 |
| 16 | Bunch, Nashawn | Churchland T | | 16.28 | 1 |
| 17 | Gray, Taejan | Tri-City Jet | | 16.30 | 2 |
| 18 | Tyler, Jayden | Lightning Ea | 14.70 | 16.37 | 4 |
| 19 | Jackson, James | Lightning Ea | | 16.52 | 1 |
| 20 | Bunch, Calvin | East End Tra | | 16.58 | 2 |
| 21 | Kittrell, Bryson | Tri-City Jet | | 16.87 | 2 |
| 22 | Smith, Jaylen | Pwc Panthers | | 17.15 | 2 |
| 22 | Depriest, Justin | Lightning Ea | 15.00 | 17.15 | 3 |
| 24 | Postell, Ahmir | Track 757 TC | | 18.12 | 3 |
| 25 | Holoman, Isaiah | Central Va T | | 18.57 | 1 |

Event 85 Girls 100 Meter Dash Midget

| Name | Year Team | Seed | Finals | H# | |
|------|------------------|--------------|--------|-------|---|
| 1 | Tucker, Jessica | Track 757 TC | 12.90 | 13.45 | 3 |
| 2 | Stafford, Alexis | Henrico Pace | 13.00 | 13.54 | 3 |
| 3 | Bullock, Tiffany | Vases X-Pres | 13.50 | 13.90 | 3 |
| 4 | Scott, Carleen | Unattached | 13.00 | 13.95 | 3 |
| 5 | Pryor, Shalaya | Vases X-Pres | 13.00 | 14.18 | 3 |
| 6 | Carter, Kori | Henrico Pace | 13.00 | 14.20 | 3 |

| | | | | | |
|----|--------------------|--------------|-------|-------|---|
| 7 | Crocker, Asia | Churchland T | | 14.27 | 2 |
| 8 | Turnage, Natesia | Henrico Pace | 14.00 | 14.35 | 3 |
| 9 | Wright, Nyana | East End Tra | | 14.59 | 1 |
| 10 | Stark, Samone | Richmond Hea | | 14.66 | 2 |
| 11 | Lightfoot, Brianna | Richmond Hea | | 14.72 | 2 |
| 12 | Greene, Rebecca | Unattached | 13.46 | 14.91 | 3 |
| 12 | Wynter, Hanna | Central Va T | | 14.91 | 2 |
| 14 | Nesmith, Lynise | East End Tra | | 15.27 | 1 |
| 15 | Page, Destiny | Lightning Ea | | 15.45 | 2 |
| 16 | Wright, Kaylen | Pwc Panthers | 15.50 | 15.58 | 2 |
| 17 | Leeper, Jayda | Lightning Ea | | 15.62 | 2 |
| 18 | Bradley, Bianca | Pwc Panthers | | 15.87 | 1 |
| 19 | Kittrell, Brielle | Tri-City Jet | | 17.15 | 1 |
| 20 | Oliver, Madyson | Track Expres | | 18.03 | 2 |

Event 86 Boys 100 Meter Dash Midget

| Name | Year Team | Seed | Finals | H# |
|-------------------------|--------------|-------|--------|----|
| 1 Davis, Taquan | Boys And Gir | 12.88 | 13.23 | 3 |
| 2 Baliey, Coby | Track 757 TC | 12.90 | 13.60 | 3 |
| 3 Laury, Trevor | Central Va T | | 13.65 | 2 |
| 4 Goode, Donavan | Central Va T | 13.00 | 13.83 | 3 |
| 5 Waller, Jevon | Churchland T | 13.10 | 13.87 | 3 |
| 6 Murphy, Armani | Virginia Pro | 13.65 | 14.47 | 3 |
| 7 Hodges, Matthew | West End Ric | | 14.54 | 1 |
| 8 Bynum, Donte | Richmond Hea | | 14.58 | 1 |
| 9 Thomas-morris, Ameire | Churchland T | 14.00 | 14.59 | 2 |
| 10 Greenhow, Donovan | Richmond Hea | 13.00 | 14.68 | 3 |
| 11 Coley, Keon | Jumpfanatics | 14.00 | 14.96 | 2 |
| 12 Mccargo, Cameron | Jumpfanatics | | 15.58 | 2 |
| 13 Still, Isaiah | Central Va T | | 15.80 | 2 |
| 14 Depriest, Jace | Lightning Ea | | 16.07 | 1 |
| 15 Depriest, Jalen | Lightning Ea | | 16.67 | 1 |
| 16 Jordan, Yusef | Central Va T | 15.00 | 17.01 | 2 |

Event 87 Girls 100 Meter Dash Youth

| Name | Year Team | Seed | Finals | H# |
|----------------------|--------------|-------|--------|----|
| 1 Wilson, Taylor | Track 757 TC | 12.67 | 13.24 | 4 |
| 2 Washington, Jasmin | Pwc Panthers | 13.40 | 13.41 | 4 |
| 3 Johnson, Aleah | X-Factor TC | 13.50 | 13.54 | 3 |
| 4 Banks, Aleya | Churchland T | 13.10 | 13.59 | 4 |
| 5 Perry, Lauren | Track Expres | 12.99 | 13.63 | 4 |
| 6 Bunch, Ashaila | East End Tra | | 13.68 | 2 |
| 6 Mallory, Maya | Unity Expres | 13.50 | 13.68 | 4 |
| 8 Lewis, Kamiya | Tri-City Jet | | 13.71 | 1 |
| 9 Jacobs, Tamir | Track Expres | 13.25 | 13.76 | 4 |
| 10 Dixon, Lyric | Pwc Panthers | | 13.81 | 3 |
| 11 Harris, Deyonna | Pwc Panthers | 14.00 | 13.98 | 3 |
| 12 Wiggs, Jasmine | Track Expres | 13.05 | 14.07 | 4 |
| 12 Hinton, Joyner | X-Factor TC | 13.70 | 14.07 | 3 |
| 12 Harris, Jacolbi | Hampton City | | 14.07 | 1 |
| 15 Norrell, Jessika | Richmond Hea | | 14.55 | 3 |
| 16 Ferebee, Laneaa | Churchland T | 14.60 | 14.97 | 3 |
| 17 Brown, Alexis | Tri-City Jet | | 14.98 | 2 |

| | | | | |
|----|------------------|--------------|-------|---|
| 18 | Mcshine, Nia | Tri-City Jet | 15.17 | 1 |
| 19 | Ritchie, Allyson | Unattached | 16.19 | 2 |

Event 88 Boys 100 Meter Dash Youth

| Name | Year | Team | Seed | Finals | H# |
|------|------------------|--------------|-------|--------|----|
| 1 | Bivins, Tyson | Boys And Gir | 11.00 | 11.55 | 3 |
| 2 | Arjoon, Stephan | Churchland T | 11.69 | 11.61 | 3 |
| 3 | Crewe, Nicholas | Unattached | 11.89 | 11.92 | 3 |
| 4 | Coley, Donnell | Jumpfanatics | 12.00 | 12.43 | 3 |
| 5 | Sudderth, Frank | Boys And Gir | | 12.51 | 1 |
| 6 | McLean, Ellis | Track 757 TC | | 12.56 | 1 |
| 7 | Brown, Tekari | Track 757 TC | | 12.62 | 1 |
| 8 | Jackson, Travon | Churchland T | 13.00 | 12.76 | 2 |
| 9 | Costello, Elijah | Pwc Panthers | 12.70 | 12.82 | 3 |
| 10 | Gordon, Javaughn | Unity Expres | 12.50 | 12.89 | 3 |
| 11 | Coley, Kjon | Jumpfanatics | 13.00 | 13.28 | 2 |
| 12 | Hodges, Michael | West End Ric | 13.30 | 13.58 | 2 |
| 13 | Beatty, Patrick | West End Ric | 13.70 | 13.99 | 2 |
| 14 | Carter, Antoine | Tri-City Jet | | 14.17 | 1 |
| 15 | Young, Xavier | West End Ric | 13.70 | 14.22 | 2 |
| 16 | Williams, Jakari | Unattached | 12.40 | 14.30 | 3 |
| 17 | Hall, Dazarie | Boys And Gir | | 14.38 | 2 |

Event 89 Girls 100 Meter Dash Intermediate

| Name | Year | Team | Seed | Finals | H# |
|------|---------------------|--------------|-------|--------|----|
| 1 | Wilson, April | Tri-City Jet | 12.20 | 12.75 | 2 |
| 2 | Goodlet, Adrienne | X-Factor TC | 12.63 | 12.98 | 2 |
| 3 | Calhoun, Helenangel | Pwc Panthers | 13.00 | 13.15 | 2 |
| 4 | Hicks, Brittany | Vases X-Pres | 13.40 | 13.18 | 1 |
| 5 | Lawson, Courtney | Central Va T | | 13.22 | 1 |
| 5 | Allen, Kisha | Speed Tech T | 12.56 | 13.22 | 2 |
| 7 | Davis, Deonna | Richmond Hea | 13.00 | 13.52 | 2 |
| 8 | Walker, Amber | Speed Tech T | 12.79 | 13.60 | 2 |
| 9 | Ester, Monae | Speed Tech T | 12.99 | 13.81 | 2 |
| 10 | Pope, Dnia | Speed Tech T | 13.20 | 14.37 | 2 |
| 11 | Brevard, Deanna | Pwc Panthers | 15.00 | 15.24 | 1 |

Event 90 Boys 100 Meter Dash Intermediate

| Name | Year | Team | Seed | Finals | H# |
|------|--------------------|--------------|-------|--------|----|
| 1 | Jacob, Taivon | Track Expres | 11.40 | 11.18 | 3 |
| 2 | Ricks, Terence | Western Bran | 11.50 | 11.61 | 3 |
| 3 | Singleton, Stephen | Unattached | 11.50 | 11.63 | 3 |
| 4 | Morgan, Ricky | Pwc Panthers | 11.40 | 11.67 | 3 |
| 5 | Bowens, Kwamane | Track 757 TC | 11.60 | 11.70 | 3 |
| 6 | Harding, Dajuan | Track 757 TC | 11.60 | 11.82 | 2 |
| 7 | Taylor, Kahlil | Churchland T | | 11.92 | 1 |
| 8 | Price, Brandon | Track Expres | 11.90 | 11.98 | 2 |
| 9 | Muqtadir, Mustafu | Tri-City Jet | 11.40 | 11.99 | 3 |
| 10 | Brown, Ryan | Unity Expres | 11.75 | 12.16 | 2 |
| 11 | Taylor, Gene | Churchland T | | 12.45 | 1 |
| 12 | Newsome, Elijah | Pwc Panthers | 12.30 | 12.66 | 2 |

| | | | | | |
|----|-----------------|--------------|-------|-------|---|
| 13 | Hyde, Dellontae | Tri-City Jet | 11.50 | 12.90 | 3 |
| 14 | Dunkley, Daryn | Western Bran | | 13.50 | 2 |
| 15 | Jasey, Kewuan | Unattached | 13.68 | 14.03 | 2 |

Event 91 Girls 100 Meter Dash Young

| Name | Year Team | Seed | Finals | H# |
|---------------------|--------------|-------|--------|----|
| 1 Gray, Desmonae | Western Bran | 12.20 | 12.44 | 2 |
| 2 Williams, Shakia | Western Bran | | 12.48 | 2 |
| 3 Morris, Ciarra | Central Va T | | 12.81 | 1 |
| 4 Harris, Angela | Central Va T | | 12.82 | 1 |
| 5 Weimer, Ariel | Jumpfanatics | 13.00 | 13.27 | 2 |
| 6 Bonner, Camron | Tri-City Jet | | 13.83 | 2 |
| 7 Thomasson, Melody | Tri-City Jet | | 14.68 | 1 |

Event 92 Boys 100 Meter Dash Young

| Name | Year Team | Seed | Finals | H# |
|----------------------|--------------|-------|--------|----|
| 1 Maye, Byron | Unattached | | 11.14 | 1 |
| 2 Mcdowell, Mark | Track Expres | 11.10 | 11.17 | 2 |
| 3 Marriner, Joshua | Western Bran | 10.91 | 11.19 | 2 |
| 4 Cherry, Devante | Western Bran | 11.05 | 11.20 | 2 |
| 5 Moore, Kempton | Tri-City Jet | 10.60 | 11.45 | 2 |
| 6 Pollard, Leon | Unity Expres | 11.07 | 11.46 | 2 |
| 6 Laury, Brandyn | Central Va T | 11.50 | 11.46 | 1 |
| 8 Johnson, Rasan | Track Expres | 11.10 | 11.49 | 2 |
| 9 Mckennelly, Rashad | Western Bran | 11.30 | 11.51 | 1 |
| 10 Bennett, Alandrie | Richmond Tra | | 11.56 | 1 |
| 11 Ridley, Jamarl | Tri-City Jet | 11.10 | 11.72 | 2 |
| 12 Donald, Bre-On | Western Bran | | 11.92 | 1 |
| 13 Coley, Darius | Jumpfanatics | 11.90 | 11.97 | 1 |
| 14 Grant, Deonte | Western Bran | | 12.28 | 1 |

Event 96 Boys 1500 Meter Run Sub-bantam

| Name | Year Team | Seed | Finals |
|-------------------|--------------|------|---------|
| 1 Redwine, Jacari | East End Tra | | 6:28.28 |

Event 97 Girls 1500 Meter Run Bantam

| Name | Year Team | Seed | Finals |
|------------------------|--------------|---------|---------|
| 1 Scott, Alysa | Unattached | 5:41.00 | 5:52.06 |
| 2 Williams, Jaiden | East End Tra | | 5:58.15 |
| 3 Valentine, Shashauna | Unattached | 5:52.00 | 6:13.38 |
| 4 Hill, Jada | West End Ric | 6:54.00 | 6:41.78 |
| 5 Jordan, Ashanti | Henrico Pace | 6:50.00 | 7:28.92 |

Event 98 Boys 1500 Meter Run Bantam

| Name | Year Team | Seed | Finals |
|------------------|--------------|---------|---------|
| 1 Hinton, Willie | The Nubian P | 5:16.00 | 5:11.65 |
| 2 Cole, Goffery | Unattached | 5:18.00 | 5:17.46 |

| | | | | |
|---|-------------------------|--------------|---------|---------|
| 3 | Malhotra, Rayaan | Unattached | 5:27.00 | 5:33.86 |
| 4 | Pettiford, Zareon | Henrico Pace | 5:48.00 | 5:51.34 |
| 5 | Henderson, Tyriq | East End Tra | | 5:56.12 |
| 6 | Thomas-jordan, Rhayquan | Churchland T | | 6:15.99 |

Event 99 Girls 1500 Meter Run Midget

| Name | Year Team | Seed | Finals |
|------------------|--------------|---------|---------|
| 1 Vital, Zenzele | Speed Tech T | 5:20.00 | 5:43.54 |
| 2 Bunch, Telina | East End Tra | 5:45.00 | 5:46.00 |
| 3 Embe, Kimberly | Tri-City Jet | | 5:56.15 |
| 4 Parks, Skylar | East End Tra | 5:45.00 | 6:11.52 |
| 5 Miles, Toni | Churchland T | | 8:16.40 |

Event 100 Boys 1500 Meter Run Midget

| Name | Year Team | Seed | Finals |
|----------------------|--------------|---------|---------|
| 1 Lynch, Isaiah | Central Va T | | 5:09.58 |
| 2 Jones, Eli | East End Tra | 5:22.00 | 5:32.68 |
| 3 Banks, Malik | East End Tra | 5:20.00 | 6:03.24 |
| 4 Speight, Adrian | Pwc Panthers | 6:00.00 | 6:03.90 |
| 5 Valentine, Kenneth | Unattached | | 6:12.77 |
| 6 Bell, Geordin | Track 757 TC | | 8:06.69 |

Event 101 Girls 1500 Meter Run Youth

| Name | Year Team | Seed | Finals |
|-------------------|--------------|---------|---------|
| 1 Amis, Asia | Track Expres | | 5:30.40 |
| 2 Malhotra, Ana | Unattached | 5:28.00 | 5:40.52 |
| 3 Lyons, Cha-qera | Boys And Gir | 5:15.00 | 5:59.53 |
| 4 Smith, Shanyn | Churchland T | 5:30.00 | 6:39.90 |
| 5 Crippen, Sierra | The Nubian P | 5:50.00 | 6:43.25 |

Event 102 Boys 1500 Meter Run Youth

| Name | Year Team | Seed | Finals |
|----------------------|--------------|---------|---------|
| 1 Harris, Tre | Central Va T | | 4:49.12 |
| 2 Pendleton, Tony | Peninsula St | 5:02.00 | 5:06.92 |
| 3 Hancock, Johnathan | Richmond Hea | 5:15.00 | 5:10.90 |
| 4 Ross, George | Central Va T | | 5:11.45 |
| 5 Stevens, Kaleb | Central Va T | | 5:17.59 |
| 6 Armstrong, Dario | Virginia Pro | 5:00.67 | 5:18.48 |
| 7 Johnson, Sheneir | Peninsula St | 5:02.00 | 5:19.24 |

Event 103 Girls 1500 Meter Run Intermediate

| Name | Year Team | Seed | Finals |
|--------------------|--------------|---------|---------|
| 1 Bennett, Dezarae | Richmond Tra | | 5:22.62 |
| 2 Green, Makiah | Speed Tech T | 5:40.00 | 5:33.30 |
| 3 Dove, Alexis | Central Va T | | 5:55.39 |

Event 105 Girls 1500 Meter Run Young

| Name | Year Team | Seed | Finals |
|-----------------|--------------|------|---------|
| 1 Brown, Uticka | Tri-City Jet | | 6:01.95 |

Event 106 Boys 1500 Meter Run Young

| Name | Year Team | Seed | Finals |
|-------------------|--------------|---------|---------|
| 1 Madison, Andrew | Norfolk Real | 4:28.00 | 4:41.01 |

Event 109 Girls 4x100 Meter Relay Sub-bantam

| Team | Seed | Finals |
|--------------------------------------|-----------------|---------|
| 1 Lightning East End Youth Track 'A' | 1:05.00 | 1:12.61 |
| 1) Coleman, Jansen | 2) Ford, Demya | |
| 3) Perrello, Yvonnia | 4) Pierce, Jada | |

Event 110 Boys 4x100 Meter Relay Sub-bantam

| Team | Seed | Finals |
|--------------------------------------|--------------------------|---------|
| 1 East End Track And Field Club 'A' | 59.91 | 1:03.63 |
| 1) Burns, Dylan | 2) Holloman, Christopher | |
| 3) Richardson, Lester | 4) Wray, Sean | |
| 2 Churchland Trailblazers Track 'A' | | 1:07.01 |
| 1) Alston, Tyshon | 2) Hardy, Deondre | |
| 3) Mcduffie, Tyree | 4) Thomas-fugate, Zion | |
| 3 Lightning East End Youth Track 'A' | 1:03.00 | 1:08.46 |
| 1) Booker, Nicholas | 2) Greene, Andre | |
| 3) Pierce, Jalen | 4) Ward, Jakobe | |

Event 111 Girls 4x100 Meter Relay Bantam

| Team | Seed | Finals |
|-------------------------------------|-------------------------|---------|
| 1 Churchland Trailblazers Track 'A' | | 58.92 |
| 1) Banks, Alexis | 2) Hinton, Ahzyah | |
| 3) Porter, Maquazha | 4) Scott-mckoy, Trebreh | |
| 2 Central Va Track And Field 'A' | | 1:06.73 |
| 1) Creed, Darcy | 2) | |
| 3) Winfield, Aerial | 4) Hairston, Elon | |
| 3 Track 757 TC 'A' | | 1:06.74 |
| 1) Bell, Genesis | 2) Gilmore, Kaliyahat | |
| 3) Goodman, Cierra | 4) Harrell, Derriona | |

Event 112 Boys 4x100 Meter Relay Bantam

| Team | Seed | Finals |
|--------------------------------------|---------------------|---------|
| 1 Lightning East End Youth Track 'A' | 59.00 | 1:03.16 |
| 1) Ferguson, Duron | 2) Jacksonjr, David | |
| 3) Perrello, Biagio | 4) Tyler, Jayden | |
| -- Churchland Trailblazers Track 'A' | | DQ |
| zone 3 passed paton | | |
| 1) Hayes, Josiah | 2) Hinton, Jalen | |

3) Midgett, Keyandre

4) Midgett, Keyonte

Event 114 Boys 4x100 Meter Relay Midget

| Team | Seed | Finals |
|-------------------------------------|--------------------------|--------|
| 1 Churchland Trailblazers Track 'B' | | 58.37 |
| 1) Alston, Tyneil | 2) Faircloth, Daiqwan | |
| 3) Pineda, Myshan | 4) Thomas-morris, Ameire | |
| 2 Churchland Trailblazers Track 'A' | | 59.93 |
| 1) Dixon, Casaan | 2) Moore, Daniel | |
| 3) Purvy, Blanton | 4) Waller, Jevon | |

Event 115 Girls 4x100 Meter Relay Youth

| Team | Seed | Finals |
|-----------------------------|-------------------|--------|
| 1 X-Factor TC 'A' | 52.00 | 51.83 |
| 1) Adams, Kyra | 2) Hinton, Joyner | |
| 3) Johnson, Aleah | 4) Jones, Brenna | |
| 2 Track Express Tc-0310 'A' | 50.10 | 51.90 |
| 1) Jacobs, Tamir | 2) Perry, Lauren | |
| 3) Ward, Samaria | 4) Wiggs, Jasmine | |

Event 116 Boys 4x100 Meter Relay Youth

| Team | Seed | Finals |
|-------------------------------------|---------------------|--------|
| 1 Boys And Girls Club 'A' | 45.00 | 47.53 |
| 1) Bivins, Tyson | 2) Boyd, Gabe | |
| 3) Sudderth, Frank | 4) Thomas, Devon | |
| 2 Track 757 TC 'A' | | 50.35 |
| 1) Brown, Tekari | 2) Holloway, Grant | |
| 3) McLean, Ellis | 4) Wallace, Kyree | |
| 3 Churchland Trailblazers Track 'A' | | 50.44 |
| 1) Arjoon, Stephan | 2) Jackson, Travon | |
| 3) Scott-brodie, Antron | 4) Wiggins, Lonnell | |

Event 117 Girls 4x100 Meter Relay Intermediate

| Team | Seed | Finals |
|---------------------|------------------|--------|
| 1 Speed Tech TC 'A' | 51.00 | 52.88 |
| 1) Allen, Kisha | 2) Ester, Monae | |
| 3) Pope, Dnia | 4) Walker, Amber | |

Event 118 Boys 4x100 Meter Relay Intermediate

| Team | Seed | Finals |
|-------------------------------------|------------------|--------|
| 1 Churchland Trailblazers Track 'A' | | 46.99 |
| 1) Blackley, Joeell | 2) Dixon, Darius | |
| 3) Gee, Daquan | 4) Taylor, Gene | |

Event 119 Girls 4x100 Meter Relay Young

| Team | Seed | Finals |
|------|------|--------|
|------|------|--------|

| | | | |
|---|--------------------------------|-------------------|-------|
| 1 | Central Va Track And Field 'A' | 55.00 | 49.04 |
| | 1) Allen, Mary | 2) Cotman, Paris | |
| | 3) Harris, Angela | 4) Morris, Ciarra | |

Event 120 Boys 4x100 Meter Relay Young

| Team | Seed | Finals |
|-----------------------------|----------------------|--------|
| 1 Track Express Tc-0310 'A' | 42.00 | 43.38 |
| 1) Dozier, Shamir | 2) Hamilton, Baysean | |
| 3) Johnson, Rassan | 4) Mcdowell, Mark | |
| 2 Western Branch TC 'A' | | 43.52 |
| 3 Tri-City Jets TC 'A' | 42.00 | 44.51 |
| 1) Marrow, Devon | 2) Moore, Kempton | |
| 3) Ridley, Jamarl | 4) Roney, Rodhem | |

Event 121 Girls 400 Meter Run Sub-bantam

| Name | Year Team | Seed | Finals |
|-------------------|--------------|---------|---------|
| 1 Boykins, Julia | Churchland T | | 1:22.29 |
| 2 Knox, Yaszmin | Track 757 TC | | 1:28.24 |
| 3 Patron, Kendall | Central Va T | 1:22.00 | 1:35.89 |
| 4 Hill, Mikayla | West End Ric | | 1:41.39 |
| 5 Hale, Jayla | Henrico Pace | 1:44.00 | 2:00.49 |

Event 122 Boys 400 Meter Run Sub-bantam

| Name | Year Team | Seed | Finals | H# |
|-------------------------|--------------|---------|---------|----|
| 1 Washington, Willie | Hampton City | 1:08.00 | 1:12.56 | 2 |
| 2 Hodges, Marcus | West End Ric | 1:14.00 | 1:17.26 | 2 |
| 3 Lavender, Tyrese | Track 757 TC | | 1:21.11 | 1 |
| 4 Jonesjr, Dexter | Tri-City Jet | | 1:24.05 | 2 |
| 5 Speight, Rowan | Pwc Panthers | 1:23.00 | 1:24.50 | 2 |
| 6 Brown, Malachai | Henrico Pace | 1:20.00 | 1:27.33 | 2 |
| 7 Wade, Dorien | Central Va T | 1:15.00 | 1:31.68 | 2 |
| 8 Valentine, Joseph | Unattached | 1:27.00 | 1:32.40 | 2 |
| 9 Holloman, Christopher | East End Tra | | 1:43.64 | 1 |
| 10 Clark, John | Richmond Hea | | 2:18.35 | 1 |

Event 123 Girls 400 Meter Run Bantam

| Name | Year Team | Seed | Finals | H# |
|-------------------------|--------------|---------|---------|----|
| 1 Lyons, Khaila | Pwc Panthers | 1:06.00 | 1:07.23 | 3 |
| 2 Roe, Zayin | Richmond Hea | | 1:10.38 | 1 |
| 3 Goodlet, Daysha | X-Factor TC | | 1:10.87 | 1 |
| 4 Winfield, Aerial | Central Va T | 1:08.00 | 1:12.34 | 3 |
| 5 Banks, Alexis | Churchland T | | 1:12.42 | 1 |
| 6 Porter, Maquazha | Churchland T | | 1:14.34 | 2 |
| 7 Wallace, Ashley | Pwc Panthers | 1:12.00 | 1:14.47 | 3 |
| 8 Hinton, Ahzyah | Churchland T | | 1:14.86 | 1 |
| 9 Shockley, Adriana | East End Tra | | 1:14.94 | 2 |
| 10 Scott-mckoy, Trebreh | Churchland T | | 1:15.26 | 1 |
| 11 Johnson, Jordyn | Track Expres | 1:15.00 | 1:15.41 | 3 |

| | | | | | |
|----|----------------------|--------------|---------|---------|---|
| 12 | Jones, Joselyn | Virginia Pro | 1:14.00 | 1:16.20 | 3 |
| 13 | Richardson, Jaiyah | Pwc Panthers | 1:18.00 | 1:17.34 | 3 |
| 14 | Valentine, Shashauna | Unattached | 1:15.00 | 1:17.36 | 3 |
| 15 | Jones, Khayil | East End Tra | | 1:18.13 | 1 |
| 16 | Pierre, Jada | Pwc Panthers | 1:13.00 | 1:18.77 | 3 |
| 17 | Ware, Sydney | Virginia Pro | 1:18.00 | 1:19.75 | 2 |
| 18 | Rucker, Khari | Richmond Hea | 1:20.00 | 1:23.23 | 2 |
| 19 | Peterson, Arianna | Richmond Tra | 1:30.00 | 1:28.71 | 2 |
| 20 | Sparks, Jessica | East End Tra | | 1:28.72 | 1 |
| 21 | Burnette, Victoria | Pwc Panthers | | 1:29.20 | 1 |
| 22 | Murry, Ceres | Speed Tech T | 1:24.94 | 1:31.57 | 2 |
| 23 | Akil, Imani | Track Expres | 1:40.00 | 1:32.89 | 2 |

Event 124 Boys 400 Meter Run Bantam

| Name | Year Team | Seed | Finals | H# | |
|------|----------------------|--------------|---------|---------|---|
| 1 | Patron, Bryce | Central Va T | 1:03.00 | 1:04.11 | 3 |
| 2 | Cole, Gabrielk | Unattached | 1:05.00 | 1:04.81 | 3 |
| 3 | Hinton, Willie | The Nubian P | 1:03.00 | 1:07.66 | 3 |
| 4 | Martin, Angelo | Pwc Panthers | 1:06.00 | 1:07.69 | 3 |
| 5 | Holmes, Jaren | Virginia Pro | 1:07.00 | 1:08.79 | 3 |
| 6 | Powdar, Kurt | Track 757 TC | 1:02.00 | 1:09.78 | 3 |
| 7 | Henderson, Tyriq | East End Tra | 1:07.00 | 1:10.72 | 3 |
| 8 | Hayes, Josiah | Churchland T | | 1:10.73 | 2 |
| 9 | Pettiford, Zareon | Henrico Pace | 1:14.00 | 1:14.26 | 2 |
| 10 | Reeves, Dashon | Pwc Panthers | | 1:15.38 | 1 |
| 11 | Calhoun, Charles | Pwc Panthers | 1:10.00 | 1:16.07 | 2 |
| 12 | Malhotra, Rayaana | Unattached | 1:18.00 | 1:18.08 | 2 |
| 13 | Mansion, Shamar | East End Tra | | 1:19.67 | 1 |
| 14 | Josephs, Christopher | West End Ric | 1:16.00 | 1:20.16 | 2 |
| 15 | Bunch, Calvin | East End Tra | | 1:24.72 | 1 |
| 16 | Smith, Jaylen | Pwc Panthers | | 1:29.72 | 2 |

Event 125 Girls 400 Meter Run Midget

| Name | Year Team | Seed | Finals | H# | |
|------|-------------------|--------------|---------|---------|---|
| 1 | Stafford, Alexis | Henrico Pace | 1:05.00 | 1:02.86 | 4 |
| 2 | Johnson, Shakeria | Track 757 TC | 1:04.00 | 1:04.37 | 4 |
| 3 | Futrell, Dejhane | X-Factor TC | 1:04.00 | 1:05.92 | 4 |
| 4 | Turnage, Natesia | Henrico Pace | 1:10.00 | 1:08.06 | 3 |
| 5 | Carter, Kori | Henrico Pace | 1:08.00 | 1:08.18 | 4 |
| 6 | Prosise, Taylor | Central Va T | 1:10.00 | 1:09.29 | 3 |
| 7 | France, Dyanna | Tri-City Jet | 1:00.00 | 1:09.59 | 4 |
| 8 | Ray, Jaden | Track Expres | 1:09.00 | 1:09.92 | 3 |
| 9 | Vital, Zenzele | Speed Tech T | 1:07.80 | 1:10.28 | 4 |
| 10 | Wright, Nyana | East End Tra | | 1:10.87 | 2 |
| 11 | Gilliam, Aeilani | East End Tra | | 1:11.15 | 2 |
| 12 | Smith, India | West End Ric | 1:10.00 | 1:12.11 | 3 |
| 13 | Coleman, Jade | Lightning Ea | 1:11.00 | 1:13.42 | 3 |
| 14 | Ogilvie, Delany | Track Expres | 1:09.00 | 1:13.77 | 3 |
| 15 | Lane, Jaylyn | Churchland T | | 1:14.12 | 2 |
| 16 | Bradley, Bianca | Pwc Panthers | | 1:14.33 | 2 |
| 17 | Crocker, Asia | Churchland T | | 1:14.95 | 2 |
| 18 | Nesmith, Lynise | East End Tra | | 1:15.11 | 1 |
| 19 | Bass, Joi | Lightning Ea | | 1:15.34 | 1 |

| | | | | | |
|----|-------------------|--------------|---------|---------|---|
| 20 | Wright, Kaylen | Pwc Panthers | 1:19.00 | 1:16.22 | 3 |
| 21 | Smith, Makayla | Track Expres | 1:13.00 | 1:16.38 | 3 |
| 22 | Watts, Ashlie | West End Ric | 1:08.00 | 1:17.42 | 4 |
| 23 | Mcduffie, Taiasia | Churchland T | | 1:26.51 | 2 |
| -- | Scott, Carleen | Unattached | 1:07.00 | DQ | 4 |

Event 126 Boys 400 Meter Run Midget

| Name | Year Team | Seed | Finals | H# |
|-------------------------|--------------|---------|---------|----|
| 1 Pulley, Burnell | Hampton City | | 1:00.53 | 1 |
| 2 Blackley, Jahkwan | Churchland T | 57.00 | 1:00.71 | 3 |
| 3 Rucker, Jabari | Richmond Hea | 59.00 | 1:03.11 | 3 |
| 4 Jones, Eli | East End Tra | 1:01.97 | 1:05.05 | 3 |
| 5 Banks, Malik | East End Tra | 1:01.68 | 1:05.28 | 3 |
| 6 Scott, Trey | Henrico Pace | 1:06.00 | 1:05.39 | 2 |
| 7 Purvy, Blanton | Churchland T | 1:01.00 | 1:05.81 | 3 |
| 8 Williams, Corey-jaden | Churchland T | 1:05.00 | 1:06.52 | 2 |
| 9 Marshall, Reondre | Churchland T | 1:02.00 | 1:07.09 | 3 |
| 10 Murphy, Armani | Virginia Pro | 1:05.00 | 1:08.06 | 2 |
| 11 Hodges, Matthew | West End Ric | 1:09.00 | 1:09.77 | 2 |
| 12 Mahmood, Qasir | Richmond Hea | 1:10.00 | 1:13.65 | 2 |
| 13 Collins, Christopher | Henrico Pace | 1:10.00 | 1:14.57 | 2 |
| 14 Jonhson, Shawn | Churchland T | | 1:14.99 | 1 |
| 15 Richardson, Khalil | Pwc Panthers | | 1:16.69 | 3 |
| 16 Ward, Tommelik | Henrico Pace | 1:15.00 | 1:25.62 | 2 |
| 17 Jordan, Yusef | Central Va T | 1:15.00 | 1:38.72 | 1 |

Event 127 Girls 400 Meter Run Youth

| Name | Year Team | Seed | Finals | H# |
|----------------------|--------------|---------|---------|----|
| 1 Johnson, Treyah | Track Expres | 57.80 | 59.46 | 5 |
| 2 Greenlee, Ashley | Technique TC | 58.00 | 1:00.17 | 5 |
| 3 Ward, Samaria | Track Expres | 58.99 | 1:00.27 | 5 |
| 4 Pope, Victoria | Pwc Panthers | 1:01.00 | 1:02.82 | 5 |
| 5 Lewis, Kamiya | Tri-City Jet | 1:00.00 | 1:03.05 | 5 |
| 6 Wilson, Taylor | Track 757 TC | 1:00.00 | 1:03.06 | 5 |
| 7 Burnette, Brooke | Pwc Panthers | 1:03.00 | 1:03.44 | 4 |
| 8 Miller, Brianna | Central Va T | | 1:04.01 | 3 |
| 9 Washington, Tenae | Richmond Hea | | 1:05.27 | 2 |
| 10 Dixon, Lyric | Pwc Panthers | 1:03.00 | 1:06.38 | 4 |
| 11 Jones, Brenna | X-Factor TC | 1:00.00 | 1:07.32 | 5 |
| 12 Harris, Jacolbi | Hampton City | 1:08.00 | 1:07.78 | 4 |
| 13 Norrell, Jessika | Richmond Hea | | 1:08.16 | 1 |
| 14 Cole, Ashley | Richmond Tra | | 1:08.82 | 1 |
| 15 Bunch, Ashaila | East End Tra | 1:08.56 | 1:08.93 | 3 |
| 16 Bucknor, Misha | Track Expres | 1:10.00 | 1:09.02 | 3 |
| 17 Peterson, Makayla | Richmond Tra | | 1:09.51 | 2 |
| 18 Wiggs, Jasmine | Track Expres | 1:04.00 | 1:10.68 | 4 |
| 19 Crippen, Sierra | The Nubian P | 1:03.00 | 1:10.84 | 4 |
| 20 Mcshine, Nia | Tri-City Jet | | 1:11.11 | 1 |
| 21 Hamilton, Allana | Track Expres | 1:09.00 | 1:11.91 | 3 |
| 22 Brown, Alexis | Tri-City Jet | | 1:14.71 | 2 |
| 23 Johnson, Sabrina | Norfolk Real | 1:06.00 | 1:17.35 | 4 |
| 24 Williams, Octavia | Tri-City Jet | | 1:29.87 | 3 |

Event 128 Boys 400 Meter Run Youth

| Name | Year Team | Seed | Finals | H# |
|-------------------------|--------------|---------|---------|----|
| 1 Arjoon, Stephan | Churchland T | 50.00 | 52.98 | 4 |
| 2 Bivins, Tyson | Boys And Gir | 50.00 | 53.01 | 4 |
| 3 Akil, Isaiah | Track Expres | 53.00 | 53.44 | 4 |
| 4 Thomas, Devon | Boys And Gir | 50.00 | 54.17 | 4 |
| 5 Salley, Charles | Central Va T | 53.00 | 54.38 | 4 |
| 6 Sudderth, Frank | Boys And Gir | 50.00 | 54.40 | 4 |
| 7 Mines, Stephen | Tri-City Jet | 52.90 | 56.05 | 4 |
| 8 Costello, Elijah | Pwc Panthers | 57.00 | 56.11 | 3 |
| 9 Williams, Xavier | Tri-City Jet | 53.00 | 56.13 | 4 |
| 10 Coley, Donnell | Jumpfanatics | | 58.60 | 1 |
| 11 White, Darryl | Tri-City Jet | 55.00 | 59.88 | 3 |
| 12 Coley, Kjon | Jumpfanatics | 59.00 | 1:00.99 | 3 |
| 13 Hodges, Michael | West End Ric | 1:05.00 | 1:01.31 | 2 |
| 14 Scott-brodie, Antron | Churchland T | 57.00 | 1:01.48 | 3 |
| 15 Gilliam, Christian | Richmond Hea | 1:00.00 | 1:01.79 | 2 |
| 16 Bailey, Courtney | Track 757 TC | | 1:01.83 | 1 |
| 17 Denham, Muhammad | Track 757 TC | | 1:03.54 | 1 |
| 18 Murphy, Merrill | Virginia Pro | 1:00.00 | 1:03.78 | 2 |
| 19 Wallace, Chauncey | Pwc Panthers | 1:05.00 | 1:04.75 | 2 |
| 20 Carter, Antoine | Tri-City Jet | 1:00.00 | 1:04.90 | 3 |
| 21 Beatty, Patrick | West End Ric | 1:08.00 | 1:05.69 | 2 |
| 22 Clark, Franklin | Richmond Hea | | 1:06.11 | 1 |
| 23 Andrews, Louis | Churchland T | 57.00 | 1:06.26 | 3 |
| 24 Hall, Dazarie | Boys And Gir | | 1:10.63 | 2 |
| 25 Wise, Jesstyn | Pwc Panthers | 1:17.00 | 1:13.50 | 2 |

Event 129 Girls 400 Meter Run Intermediate

| Name | Year Team | Seed | Finals |
|-----------------------|--------------|---------|---------|
| 1 Wilson, April | Tri-City Jet | 55.00 | 57.13 |
| 2 Scott, Nichelle | Unattached | 56.00 | 57.62 |
| 3 Calhoun, Helenangel | Pwc Panthers | 1:05.00 | 1:02.36 |
| 4 Morris, Illisa | Central Va T | 59.00 | 1:02.76 |
| 5 Montgomery, Yontee | Tri-City Jet | 59.00 | 1:03.51 |
| 6 England, Tiffany | Tri-City Jet | 1:00.00 | 1:07.49 |

Event 130 Boys 400 Meter Run Intermediate

| Name | Year Team | Seed | Finals | H# |
|----------------------|--------------|-------|--------|----|
| 1 Jacob, Taivon | Track Expres | 48.90 | 49.32 | 2 |
| 2 Morgan, Ricky | Pwc Panthers | 51.00 | 52.19 | 2 |
| 3 Dandrige, Davorian | Central Va T | 52.50 | 52.53 | 2 |
| 4 Hockaday, Kyimon | Unity Expres | 54.50 | 55.73 | 2 |
| 5 Wilmot, Tylon | Tri-City Jet | 52.00 | 55.84 | 2 |
| -- Newsome, Elijah | Pwc Panthers | 58.00 | FS | 1 |

Event 131 Girls 400 Meter Run Young

| Name | Year Team | Seed | Finals |
|---------------|--------------|-------|---------|
| 1 Allen, Mary | Central Va T | 55.00 | 1:00.61 |

| | | | | |
|---|-------------------|--------------|---------|---------|
| 2 | Cotman, Paris | Central Va T | 56.00 | 1:00.67 |
| 3 | Crook, Crystal | Speed Tech T | 1:06.00 | 1:06.31 |
| 4 | Thomasson, Melody | Tri-City Jet | 1:00.00 | 1:06.86 |

Event 132 Boys 400 Meter Run Young

| Name | Year Team | Seed | Finals | H# |
|---------------------|--------------|-------|---------|----|
| 1 Moore, Kempton | Tri-City Jet | 48.30 | 50.27 | 2 |
| 2 Marrow, Devon | Tri-City Jet | 49.50 | 50.80 | 2 |
| 3 Hamilton, Baysean | Track Expres | 49.90 | 51.35 | 2 |
| 4 Maye, Byron | Unattached | | 53.18 | 1 |
| 5 Scott, Keyvon | Pwc Panthers | | 54.80 | 1 |
| 6 Dodson, Taylor | Norfolk Real | 52.00 | 54.85 | 2 |
| 7 Henley, John | Tri-City Jet | | 58.65 | 1 |
| 8 Gordon, Patrick | Unity Expres | 58.50 | 1:01.85 | 1 |

Event 133 Girls 800 Meter Run Sub-bantam

| Name | Year Team | Seed | Finals |
|--------------------|--------------|------|---------|
| 1 Knox, Yaszmin | Track 757 TC | | 3:18.63 |
| 2 Roach, Gabrielle | East End Tra | | 3:24.85 |

Event 134 Boys 800 Meter Run Sub-bantam

| Name | Year Team | Seed | Finals |
|--------------------|--------------|---------|---------|
| 1 Lavender, Tyrese | Track 757 TC | | 3:04.45 |
| 2 Jonesjr, Dexter | Tri-City Jet | | 3:10.84 |
| 3 Brown, Malachai | Henrico Pace | 3:20.00 | 3:16.85 |
| 4 Speight, Rowan | Pwc Panthers | 3:05.00 | 3:18.36 |
| 5 Hardy, Deondre | Churchland T | | 3:26.25 |

Event 135 Girls 800 Meter Run Bantam

| Name | Year Team | Seed | Finals |
|---------------------|--------------|---------|---------|
| 1 Lewis, Tiana | Pwc Panthers | 2:43.00 | 2:43.62 |
| 2 Lyons, Khaila | Pwc Panthers | 2:46.00 | 2:45.50 |
| 3 Scott, Alysa | Unattached | 2:49.00 | 2:50.37 |
| 4 Gaston, Imani | East End Tra | | 2:53.10 |
| 5 Williams, Jaiden | East End Tra | 2:49.00 | 3:01.04 |
| 6 Edwards, Amahri | Churchland T | | 3:13.13 |
| 7 Hill, Jada | West End Ric | 3:00.00 | 3:17.41 |
| 8 Peterson, Arianna | Richmond Tra | 3:15.00 | 3:24.65 |
| 9 Murry, Ceres | Speed Tech T | 3:20.80 | 3:27.97 |
| 10 Williams, Kendra | Virginia Pro | 3:11.00 | 3:47.87 |
| 11 Jordan, Ashanti | Henrico Pace | 3:20.00 | 3:56.83 |

Event 136 Boys 800 Meter Run Bantam

| Name | Year Team | Seed | Finals |
|------------------|--------------|---------|---------|
| 1 Hinton, Willie | The Nubian P | 2:31.00 | 2:32.62 |
| 2 Cole, Goffery | Unattached | 2:36.00 | 2:36.42 |
| 3 Reeves, Dashon | Pwc Panthers | | 2:49.87 |

| | | | | |
|---|-------------------------|--------------|---------|---------|
| 4 | Malhotra, Rayaan | Unattached | 2:46.00 | 2:50.06 |
| 5 | Pettiford, Zareon | Henrico Pace | 2:49.00 | 2:53.19 |
| 6 | Winfield, Jalen | Central Va T | | 2:55.33 |
| 7 | Jacksonjr, David | Lightning Ea | 3:36.00 | 3:07.42 |
| 8 | Thomas-jordan, Rhayquan | Churchland T | | 3:09.23 |
| 9 | Jaeden, Gumbs | Lightning Ea | 3:39.00 | 3:15.02 |

Event 137 Girls 800 Meter Run Midget

| Name | Year Team | Seed | Finals |
|---------------------|--------------|---------|---------|
| 1 Ferrell, Bryana | Central Va T | | 2:31.28 |
| 2 Johnson, Shakeria | Track 757 TC | 2:30.00 | 2:37.07 |
| 3 Vital, Zenzele | Speed Tech T | 2:38.00 | 2:38.92 |
| 4 Jackson, Amaya | Central Va T | | 2:41.74 |
| 5 Williams, Lamani | Track 757 TC | | 2:47.39 |
| 6 Bunch, Telina | East End Tra | 2:33.00 | 2:50.06 |
| 7 Parks, Skylar | East End Tra | 2:36.00 | 2:53.70 |
| 8 Embe, Kimberly | Tri-City Jet | | 2:55.01 |
| 9 Ray, Jaden | Track Expres | 2:50.00 | 3:02.79 |
| 10 Ogilvie, Delany | Track Expres | 2:50.00 | 3:05.50 |
| 11 Smith, Makayla | Track Expres | 2:56.00 | 3:14.28 |
| 12 Smith, India | West End Ric | 3:06.00 | 3:22.68 |
| 13 Lane, Jaylyn | Churchland T | | 3:25.07 |
| 14 Bass, Joi | Lightning Ea | 3:02.00 | 3:26.61 |
| 15 Hill, Natalie | West End Ric | | 3:33.08 |

Event 138 Boys 800 Meter Run Midget

| Name | Year Team | Seed | Finals |
|------------------------|--------------|---------|---------|
| 1 Lynch, Isaiah | Central Va T | | 2:28.64 |
| 2 Marshall, Reondre | Churchland T | 2:30.00 | 2:30.58 |
| 3 Thorougood, Tyler | Norfolk Real | 2:50.00 | 2:47.14 |
| 4 Scott, Trey | Henrico Pace | 2:49.00 | 2:50.38 |
| 5 Boykins, Carroll | Churchland T | 2:50.00 | 2:51.95 |
| 6 Alkebulan, Nile | Unattached | | 3:01.33 |
| 7 Collins, Christopher | Henrico Pace | 2:45.00 | 3:02.83 |
| 8 Valentine, Kenneth | Unattached | | 3:05.80 |
| 9 Speight, Adrian | Pwc Panthers | 3:00.00 | 3:08.04 |

Event 139 Girls 800 Meter Run Youth

| Name | Year Team | Seed | Finals |
|---------------------|--------------|---------|---------|
| 1 Ward, Samaria | Track Expres | 2:29.00 | 2:35.77 |
| 2 Davis, Kailynn | Track 757 TC | | 2:47.69 |
| 3 Amis, Asia | Track Expres | 2:45.00 | 2:48.92 |
| 4 Warrior, Chaunise | Western Bran | | 2:49.47 |
| 5 Peterson, Makayla | Richmond Tra | | 2:52.14 |
| 6 Cole, Ashley | Richmond Tra | | 2:52.17 |
| 7 Hamilton, Allana | Track Expres | 2:50.00 | 2:52.69 |
| 8 Johnson, Treyah | Track Expres | 2:30.00 | 3:00.93 |
| 9 Bucknor, Misha | Track Expres | 3:00.00 | 3:01.38 |
| 10 Johnson, Sabrina | Norfolk Real | 2:45.00 | 3:02.81 |

Event 140 Boys 800 Meter Run Youth

| Name | Year Team | Seed | Finals |
|------------------------|--------------|---------|---------|
| 1 Ross, George | Central Va T | | 2:27.39 |
| 2 Nguyen, Leon | Tri-City Jet | 2:10.00 | 2:28.25 |
| 3 Scott-brodie, Antron | Churchland T | 2:20.00 | 2:28.38 |
| 4 Hancock, Johnathan | Richmond Hea | | 2:31.64 |
| 5 Armstrong, Dario | Virginia Pro | 2:20.00 | 2:32.10 |
| 6 Wiggins, Lonnell | Churchland T | 2:35.00 | 2:33.40 |
| 7 Pendleton, Tony | Peninsula St | 2:30.00 | 2:33.66 |
| 8 Bailey, Courtney | Track 757 TC | | 2:34.40 |
| 9 Johnson, Sheneir | Peninsula St | 2:30.00 | 2:38.57 |
| 10 Akil, Isaiah | Track Expres | 2:20.00 | 2:43.58 |
| 11 Wise, Dondre | Track 757 TC | | 2:44.34 |
| 12 Denham, Muhammad | Track 757 TC | | 2:44.35 |
| 13 Coley, Kjon | Jumpfanatics | | 2:47.87 |
| 14 Gilliam, Christian | Richmond Hea | | 2:50.43 |
| 15 Abdus-salaam, Zafir | Churchland T | 2:35.00 | 2:57.71 |
| 16 Andrews, Louis | Churchland T | 2:25.00 | 3:01.23 |

Event 141 Girls 800 Meter Run Intermediate

| Name | Year Team | Seed | Finals |
|----------------------|--------------|---------|---------|
| 1 Scott, Nichelle | Unattached | 2:16.00 | 2:27.30 |
| 2 Goin, Alexandra | Central Va T | | 2:30.35 |
| 3 Green, Makiah | Speed Tech T | 2:32.00 | 2:35.24 |
| 4 Montgomery, Yontee | Tri-City Jet | 2:20.00 | 2:35.31 |
| 5 Bennett, Dezarae | Richmond Tra | 2:25.00 | 2:44.28 |
| 6 Matute, Alexa | Western Bran | 2:35.00 | 2:46.90 |

Event 142 Boys 800 Meter Run Intermediate

| Name | Year Team | Seed | Finals |
|---------------------|--------------|---------|---------|
| 1 Lyons, Khalil | Pwc Panthers | 2:20.00 | 2:18.87 |
| 2 Alkebu-lan, Sekou | Unattached | 2:04.00 | 2:18.90 |
| 3 Gallagher, Joseph | Tri-City Jet | | 2:35.61 |

Event 143 Girls 800 Meter Run Young

| Name | Year Team | Seed | Finals |
|---------------------|--------------|---------|---------|
| 1 Thomasson, Melody | Tri-City Jet | 2:50.00 | 2:59.30 |

Event 144 Boys 800 Meter Run Young

| Name | Year Team | Seed | Finals |
|-------------------|--------------|---------|---------|
| 1 Marrow, Devon | Tri-City Jet | 1:55.00 | 2:07.32 |
| 2 Madison, Andrew | Norfolk Real | 2:06.00 | 2:09.39 |
| 3 Dozier, Shamir | Track Expres | 2:00.00 | 2:15.33 |
| 4 Anderson, John | Unattached | | 2:23.44 |

Event 145 Girls 200 Meter Dash Sub-bantam

| Name | Year Team | Seed | Finals | H# |
|------|-----------|------|--------|----|
|------|-----------|------|--------|----|

| | | | | | |
|---|------------------|--------------|-------|-------|---|
| 1 | Givens, Siara | Tri-City Jet | | 36.24 | 2 |
| 2 | Boykins, Julia | Churchland T | | 36.38 | 1 |
| 3 | Coleman, Jansen | Lightning Ea | | 39.52 | 2 |
| 4 | Bell, Giannah | Track 757 TC | 32.00 | 39.60 | 2 |
| 5 | Young, Leslie | Lazers | 43.01 | 40.41 | 2 |
| 6 | Roach, Gabrielle | East End Tra | | 41.34 | 1 |
| 7 | Hill, Mikayla | West End Ric | | 41.63 | 1 |
| 8 | Hale, Jayla | Henrico Pace | 41.00 | 46.37 | 2 |
| 9 | Zarnock, Lyana | Pwc Panthers | | 53.00 | 2 |

Event 146 Boys 200 Meter Dash Sub-bantam

| Name | Year Team | Seed | Finals | H# | |
|------|-----------------------|--------------|--------|-------|---|
| 1 | Washington, Willie | Hampton City | 27.00 | 30.24 | 2 |
| 2 | Hodges, Marcus | West End Ric | 32.00 | 33.60 | 2 |
| 3 | Alston, Tyshon | Churchland T | | 34.83 | 1 |
| 4 | Mcduffie, Tyree | Churchland T | | 34.86 | 2 |
| 5 | Ward, Jakobe | Lightning Ea | | 35.27 | 1 |
| 6 | Scott, Julian | Unattached | | 36.05 | 2 |
| 7 | Holloman, Christopher | East End Tra | | 38.13 | 1 |
| 8 | Brown, Malachai | Henrico Pace | 38.00 | 39.25 | 2 |
| 9 | Jonesjr, Dexter | Tri-City Jet | | 43.03 | 2 |
| 10 | Clark, John | Richmond Hea | | 45.92 | 2 |

Event 147 Girls 200 Meter Dash Bantam

| Name | Year Team | Seed | Finals | H# | |
|------|----------------------|--------------|--------|-------|---|
| 1 | Banks, Alexis | Churchland T | | 30.32 | 1 |
| 2 | Roe, Zayin | Richmond Hea | 30.00 | 31.05 | 3 |
| 3 | Lewis, Tiana | Pwc Panthers | | 31.10 | 1 |
| 4 | Hinton, Ahzyah | Churchland T | | 31.50 | 2 |
| 5 | Goodlet, Daysha | X-Factor TC | | 32.30 | 2 |
| 6 | Richardson, Jaiyah | Pwc Panthers | 34.00 | 33.84 | 2 |
| 7 | Johnson, Jordyn | Track Expres | 31.00 | 33.88 | 3 |
| 8 | Valentine, Shashauna | Unattached | 36.00 | 35.40 | 2 |
| 9 | Edwards, Amahri | Churchland T | | 35.53 | 1 |
| 10 | Jones, Szahria | Lightning Ea | 32.50 | 35.80 | 3 |
| 11 | Rucker, Khari | Richmond Hea | | 36.55 | 1 |
| 12 | Murry, Ceres | Speed Tech T | 36.18 | 37.94 | 2 |
| 13 | Akil, Imani | Track Expres | 36.50 | 38.04 | 2 |
| 14 | Sparks, Jessica | East End Tra | | 38.46 | 1 |
| 15 | Burnette, Victoria | Pwc Panthers | | 38.83 | 1 |
| 16 | Cook, Kyrie | Richmond Hea | | 40.26 | 2 |
| -- | Baldwin, Khanya | Churchland T | | DQ | 1 |

ran out of lane

Event 148 Boys 200 Meter Dash Bantam

| Name | Year Team | Seed | Finals | H# | |
|------|------------------|--------------|--------|-------|---|
| 1 | Cole, Gabrielk | Unattached | 28.31 | 28.80 | 3 |
| 2 | Martin, Angelo | Pwc Panthers | 29.00 | 28.87 | 3 |
| 3 | Tyree, Chris | Central Va T | 30.00 | 30.11 | 3 |
| 4 | Midgett, Keyonte | Churchland T | 30.00 | 30.45 | 3 |

| | | | | | |
|----|----------------------|--------------|-------|-------|---|
| 5 | Gill, Grant | Norfolk Real | 26.00 | 30.50 | 3 |
| 6 | Harding, Javonte | Track 757 TC | 29.00 | 30.54 | 3 |
| 7 | Adams, Devon | Norfolk Real | 35.00 | 30.82 | 2 |
| 8 | Hinton, Jalen | Churchland T | 30.00 | 30.92 | 3 |
| 9 | Josephs, Christopher | West End Ric | 31.30 | 31.55 | 3 |
| 10 | Knight, Joshua | Churchland T | | 31.68 | 1 |
| 11 | Bennett, Donrae | Richmond Tra | | 31.76 | 1 |
| 12 | Calhoun, Charles | Pwc Panthers | 32.70 | 33.26 | 2 |
| 13 | Gray, Taejan | Tri-City Jet | | 33.57 | 2 |
| 14 | Depriest, Justin | Lightning Ea | 32.60 | 34.34 | 2 |
| 15 | Bunch, Calvin | East End Tra | | 34.78 | 1 |
| 16 | Smith, Jaylen | Pwc Panthers | | 40.42 | 1 |

Event 149 Girls 200 Meter Dash Midget

| Name | Year Team | Seed | Finals | H# | |
|------|--------------------|--------------|--------|-------|---|
| 1 | Ward, Destiny | Track 757 TC | 26.00 | 27.20 | 3 |
| 2 | Stafford, Alexis | Henrico Pace | 26.00 | 27.91 | 3 |
| 3 | Bullock, Tiffany | Vases X-Pres | 28.00 | 28.36 | 3 |
| 4 | Carter, Kori | Henrico Pace | 28.00 | 28.53 | 3 |
| 5 | Scott, Carleen | Unattached | 27.00 | 28.59 | 3 |
| 6 | Crocker, Asia | Churchland T | | 28.94 | 1 |
| 7 | Bunch, Telina | East End Tra | 27.10 | 29.46 | 3 |
| 8 | Turnage, Natesia | Henrico Pace | 29.00 | 29.79 | 2 |
| 9 | Carney, Keiasha | Lightning Ea | 29.00 | 30.21 | 2 |
| 10 | Lightfoot, Brianna | Richmond Hea | 30.00 | 30.38 | 1 |
| 11 | Ray, Jaden | Track Expres | 28.40 | 30.59 | 2 |
| 12 | Stark, Samone | Richmond Hea | 30.00 | 30.69 | 2 |
| 13 | Greene, Rebecca | Unattached | 29.44 | 31.01 | 2 |
| 14 | Ogilvie, Delany | Track Expres | 28.40 | 31.77 | 2 |
| 15 | Wright, Kaylen | Pwc Panthers | 33.00 | 31.99 | 1 |
| 16 | Smith, India | West End Ric | | 32.35 | 1 |
| 17 | Mayfield, Joelle | Lightning Ea | | 32.54 | 1 |
| 18 | Leeper, Jayda | Lightning Ea | | 32.70 | 1 |
| 19 | Bradley, Bianca | Pwc Panthers | | 33.12 | 1 |
| 20 | Coleman, Jade | Lightning Ea | | 33.28 | 1 |
| 21 | Smith, Makayla | Track Expres | 30.00 | 33.46 | 2 |
| 22 | Oliver, Madyson | Track Expres | 30.00 | 36.15 | 2 |

Event 150 Boys 200 Meter Dash Midget

| Name | Year Team | Seed | Finals | H# | |
|------|-----------------------|--------------|--------|-------|---|
| 1 | Blackley, Jahkwan | Churchland T | 27.20 | 26.14 | 4 |
| 2 | Rucker, Jabari | Richmond Hea | 26.00 | 27.50 | 4 |
| 3 | Goode, Donavan | Central Va T | 27.00 | 27.70 | 4 |
| 4 | Laury, Trevor | Central Va T | 28.00 | 28.50 | 4 |
| 5 | Jones, Eli | East End Tra | 28.71 | 28.54 | 3 |
| 6 | Murphy, Armani | Virginia Pro | 27.66 | 28.97 | 4 |
| 7 | Pineda, Myshan | Churchland T | 29.00 | 29.46 | 3 |
| 8 | Scott, Trey | Henrico Pace | 30.00 | 29.64 | 3 |
| 9 | Hodges, Matthew | West End Ric | 27.00 | 29.89 | 4 |
| 10 | Mahmood, Qasir | Richmond Hea | 31.00 | 30.85 | 3 |
| 11 | Thorougood, Tyler | Norfolk Real | | 30.93 | 1 |
| 12 | Greenhow, Donovan | Richmond Hea | 29.00 | 30.99 | 3 |
| 13 | Williams, Corey-jaden | Churchland T | 29.50 | 31.58 | 3 |

| | | | | | |
|----|--------------------|--------------|-------|-------|---|
| 14 | Summerhill, Darius | Track 757 TC | | 31.86 | 1 |
| 15 | Richardson, Khalil | Pwc Panthers | 32.00 | 32.39 | 2 |
| 16 | Still, Isaiah | Central Va T | 28.00 | 34.72 | 4 |
| 17 | Swann, Taj | Central Va T | | 35.82 | 2 |

Event 151 Girls 200 Meter Dash Youth

| Name | Year Team | Seed | Finals | H# | |
|------|-----------------------|--------------|--------|-------|---|
| 1 | Wilson, Taylor | Track 757 TC | 26.00 | 26.91 | 5 |
| 2 | Washington, Jasmin | Pwc Panthers | 27.60 | 27.24 | 4 |
| 3 | Burnette, Brooke | Pwc Panthers | 27.30 | 27.54 | 4 |
| 4 | Lewis, Kamiya | Tri-City Jet | 27.00 | 27.56 | 4 |
| 5 | Jacobs, Tamir | Track Expres | 27.00 | 27.63 | 5 |
| 6 | Bunch, Ashaila | East End Tra | 28.04 | 28.19 | 3 |
| 6 | Washington, Tenae | Richmond Hea | | 28.19 | 1 |
| 8 | Perry, Lauren | Track Expres | 26.99 | 28.21 | 5 |
| 9 | Wiggs, Jasmine | Track Expres | 27.00 | 28.23 | 4 |
| 10 | Banks, Aleya | Churchland T | 28.20 | 28.29 | 3 |
| 11 | Adams, Kyra | X-Factor TC | 27.00 | 28.37 | 4 |
| 12 | Johnson, Aleah | X-Factor TC | 28.00 | 28.57 | 4 |
| 13 | Warrior, Chaunise | Western Bran | | 28.77 | 1 |
| 14 | Wyatt-scott, Jonniece | Tri-City Jet | 26.00 | 28.86 | 5 |
| 15 | Mallory, Maya | Unity Expres | 28.50 | 28.89 | 3 |
| 16 | Pope, Victoria | Pwc Panthers | 28.00 | 29.04 | 4 |
| 17 | Harris, Deyonna | Pwc Panthers | 29.00 | 29.19 | 3 |
| 18 | Harrison, Gebria | Lightning Ea | 28.50 | 29.44 | 3 |
| 19 | Lewis, Sydney | Richmond Hea | | 29.83 | 2 |
| 20 | Hinton, Joyner | X-Factor TC | 29.00 | 29.97 | 3 |
| 21 | Mcshine, Nia | Tri-City Jet | | 30.93 | 2 |
| 22 | Johnson, Sabrina | Norfolk Real | 29.00 | 32.25 | 3 |
| 23 | France, Daija | Tri-City Jet | | 32.81 | 2 |
| 24 | Gray, Daliyah | Richmond Hea | | 34.08 | 2 |

Event 152 Boys 200 Meter Dash Youth

| Name | Year Team | Seed | Finals | H# | |
|------|-------------------|--------------|--------|-------|---|
| 1 | Arjoon, Stephan | Churchland T | 23.30 | 24.10 | 3 |
| 2 | Brown, Christian | Central Va T | 23.50 | 24.44 | 3 |
| 3 | Mines, Stephen | Tri-City Jet | 23.80 | 24.74 | 3 |
| 4 | Salley, Charles | Central Va T | 25.00 | 24.82 | 3 |
| 5 | Costello, Elijah | Pwc Panthers | 25.00 | 25.34 | 3 |
| 6 | Jackson, Travon | Churchland T | 25.60 | 25.78 | 2 |
| 7 | Brown, Tekari | Track 757 TC | | 26.39 | 1 |
| 8 | Smith, Aaron | Richmond Hea | 27.00 | 26.81 | 2 |
| 9 | Gordon, Javaughn | Unity Expres | 29.30 | 27.06 | 1 |
| 10 | Murphy, Merrill | Virginia Pro | 25.00 | 27.21 | 3 |
| 11 | Hodges, Michael | West End Ric | 25.40 | 27.33 | 2 |
| 12 | Wallace, Chauncey | Pwc Panthers | 27.10 | 27.61 | 2 |
| 13 | Johnson, Patrick | Track Expres | | 27.82 | 1 |
| 14 | Carter, Antoine | Tri-City Jet | | 27.87 | 1 |
| 15 | Williams, Jakari | Unattached | 25.57 | 28.47 | 2 |
| 16 | Young, Xavier | West End Ric | 26.50 | 29.45 | 2 |
| 17 | Beatty, Patrick | West End Ric | 27.00 | 29.53 | 2 |
| 18 | Clark, Franklin | Richmond Hea | | 29.73 | 1 |
| 19 | Wise, Jesstyn | Pwc Panthers | 33.00 | 30.19 | 1 |

Event 153 Girls 200 Meter Dash Intermediate

| Name | Year Team | Seed | Finals | H# |
|-----------------------|--------------|-------|--------|----|
| 1 Wilson, April | Tri-City Jet | 24.20 | 25.44 | 2 |
| 2 Calhoun, Helenangel | Pwc Panthers | 26.00 | 26.57 | 2 |
| 3 Scott, Nichelle | Unattached | 25.50 | 26.68 | 2 |
| 4 Morris, Illisa | Central Va T | 24.50 | 27.03 | 2 |
| 5 Hicks, Brittany | Vases X-Pres | 26.60 | 27.09 | 2 |
| 6 Davis, Deonna | Richmond Hea | 29.00 | 27.61 | 1 |
| 7 Goodlet, Adrienne | X-Factor TC | 26.35 | 27.75 | 2 |
| 8 Coles, Ashley | Western Bran | | 27.85 | 1 |
| 9 Revis, Nina | Western Bran | | 27.95 | 1 |
| 10 England, Tiffany | Tri-City Jet | 27.00 | 28.26 | 2 |
| 11 Allen, Kisha | Speed Tech T | 27.25 | 28.48 | 2 |

Event 154 Boys 200 Meter Dash Intermediate

| Name | Year Team | Seed | Finals | H# |
|----------------------------|--------------|-------|--------|----|
| 1 Jacob, Taivon | Track Expres | 22.00 | 22.07 | 3 |
| 2 Morgan, Ricky | Pwc Panthers | 23.00 | 23.32 | 3 |
| 3 Harding, Dajuan | Track 757 TC | | 23.47 | 1 |
| 3 Dandrige, Davorian | Central Va T | 23.50 | 23.47 | 3 |
| 5 Kanney, Mike | Central Va T | 24.00 | 23.59 | 2 |
| 6 Gee, Daquan | Churchland T | 24.00 | 24.02 | 2 |
| 7 Brown, Ryan | Unity Expres | 23.88 | 24.26 | 3 |
| 8 Ricks, Terence | Western Bran | 23.06 | 24.28 | 3 |
| 9 Blackley, Joeell | Churchland T | 24.60 | 24.40 | 2 |
| 10 Brown, Cole | Unity Expres | 27.20 | 24.45 | 1 |
| 11 Hyde, Dellontae | Tri-City Jet | 23.00 | 24.62 | 3 |
| 12 Newsome, Elijah | Pwc Panthers | 25.00 | 24.72 | 2 |
| 13 Price, Brandon | Track Expres | 23.00 | 25.39 | 3 |
| 14 Matthews, Kentory | Track 757 TC | | 25.51 | 1 |
| 15 Khummungkuni, Sathaporn | Tri-City Jet | 24.00 | 25.96 | 2 |
| 16 Taylor, Kahlil | Churchland T | 25.90 | 26.26 | 1 |
| 17 Alkebu-lan, Sekou | Unattached | 24.00 | 26.40 | 3 |
| 18 Wilmot, Tylon | Tri-City Jet | | 27.52 | 1 |

Event 155 Girls 200 Meter Dash Young

| Name | Year Team | Seed | Finals | H# |
|---------------------|--------------|-------|--------|----|
| 1 Lee, Javette | Unattached | 25.24 | 25.21 | 2 |
| 2 Williams, Shakia | Western Bran | | 25.31 | 1 |
| 3 Thomasson, Melody | Tri-City Jet | 27.00 | 27.15 | 2 |
| 3 Crook, Crystal | Speed Tech T | 27.89 | 27.15 | 2 |
| 5 Harris, Angela | Central Va T | 24.00 | 27.31 | 2 |
| 6 Wyche, Debresha | Central Va T | 25.00 | 27.46 | 2 |
| 7 Thompson, Diyea | Tri-City Jet | 26.90 | 27.96 | 2 |
| 8 Ward, Schanea | Henrico Pace | 29.00 | 31.60 | 1 |

Event 156 Boys 200 Meter Dash Young

| Name | Year Team | Seed | Finals | H# |
|------|-----------|------|--------|----|
|------|-----------|------|--------|----|

| | | | | | |
|----|--------------------|--------------|-------|-------|---|
| 1 | Cherry, Devante | Western Bran | 22.21 | 22.49 | 3 |
| 2 | Johnson, Rasan | Track Expres | 22.30 | 23.01 | 3 |
| 3 | Mcdowell, Mark | Track Expres | 22.30 | 23.12 | 3 |
| 4 | Hamilton, Rashaun | Western Bran | | 23.42 | 1 |
| 5 | Pollard, Leon | Unity Expres | 22.30 | 23.61 | 3 |
| 6 | Marriner, Joshua | Western Bran | 22.88 | 23.65 | 3 |
| 7 | Laury, Brandyn | Central Va T | 23.99 | 23.79 | 2 |
| 8 | Roney, Rodhem | Tri-City Jet | 22.90 | 23.88 | 3 |
| 9 | Mckennelly, Rashad | Western Bran | 22.98 | 24.12 | 2 |
| 10 | Donald, Bre-On | Western Bran | | 24.14 | 1 |
| 11 | Ridley, Jamarl | Tri-City Jet | 23.00 | 24.53 | 2 |
| 12 | Scott, Keyvon | Pwc Panthers | 24.60 | 25.17 | 2 |
| 13 | Henley, John | Tri-City Jet | | 25.73 | 1 |
| 14 | Gordon, Patrick | Unity Expres | 27.50 | 27.03 | 2 |

Event 157 Girls 4x400 Meter Relay Bantam

| Team | Seed | Finals |
|-------------------------------------|---------|---------------------|
| 1 East End Track And Field Club 'A' | 4:54.00 | 5:05.85 |
| 1) Gaston, Imani | | 2) Jones, Khayil |
| 3) Shockley, Adriana | | 4) Williams, Jaiden |

Event 158 Boys 4x400 Meter Relay Bantam

| Team | Seed | Finals |
|-------------------------------------|---------|--------------------|
| 1 Churchland Trailblazers Track 'A' | | 5:14.77 |
| 1) Bunch, Nashawn | | 2) James, Dyron |
| 3) Knight, Joshua | | 4) Moore, Trustin |
| 2 East End Track And Field Club 'A' | 5:15.00 | 5:23.57 |
| 1) Burns, Dylan | | 2) Redwine, Jacari |
| 3) Richardson, Lester | | 4) Wray, Sean |

Event 159 Girls 4x400 Meter Relay Midget

| Team | Seed | Finals |
|----------------------------------|---------|---------------------|
| 1 Track 757 TC 'A' | | 4:19.85 |
| 1) Johnson, Shakeria | | 2) Tucker, Jessica |
| 3) Ward, Destiny | | 4) Williams, Lamani |
| 2 Central Va Track And Field 'A' | 4:10.00 | 4:46.06 |
| 1) Ferrell, Bryana | | 2) Jackson, Amaya |
| 3) Prosise, Taylor | | 4) Wynter, Hanna |

Event 160 Boys 4x400 Meter Relay Midget

| Team | Seed | Finals |
|-------------------------------------|------|--------------------------|
| 1 Churchland Trailblazers Track 'A' | | 4:15.06 |
| 1) Blackley, Jahkwan | | 2) Marshall, Reondre |
| 3) Purvy, Blanton | | 4) Williams, Corey-jaden |
| 2 Churchland Trailblazers Track 'B' | | 4:54.95 |
| 1) Boykins, Carroll | | 2) Dixon, Micah |
| 3) Pineda, Myshan | | 4) Thomas-morris, Ameire |

Event 161 Girls 4x400 Meter Relay Youth

| Team | Seed | Finals |
|-----------------------------|--------------------|---------|
| 1 Track Express Tc-0310 'A' | 3:59.00 | 4:20.09 |
| 1) Jacobs, Tamir | 2) Johnson, Treyah | |
| 3) Perry, Lauren | 4) Ward, Samaria | |
| 2 X-Factor TC 'A' | 4:25.00 | 4:39.06 |
| 1) Adams, Kyra | 2) Hayes, Felicia | |
| 3) Johnson, Aleah | 4) Jones, Brenna | |

Event 162 Boys 4x400 Meter Relay Youth

| Team | Seed | Finals |
|---------------------------|---------------------|---------|
| 1 Boys And Girls Club 'A' | 3:44.00 | 3:41.66 |
| 1) Bivins, Tyson | 2) Hall, Dazarie | |
| 3) Sudderth, Frank | 4) Thomas, Devon | |
| 2 Track 757 TC 'A' | | 3:53.88 |
| 1) Bailey, Courtney | 2) Denham, Muhammad | |
| 3) McLean, Ellis | 4) Wallace, Kyree | |
| 3 Tri-City Jets TC 'A' | 3:56.00 | 3:58.69 |
| 1) Carter, Antoine | 2) Mines, Stephen | |
| 3) Nguyen, Leon | 4) White, Darryl | |

Event 163 Girls 4x400 Meter Relay Intermediate

| Team | Seed | Finals |
|---------------------|------------------|---------|
| 1 Speed Tech TC 'A' | 4:14.50 | 4:15.34 |
| 1) Green, Makiah | 2) Murry, Alexis | |
| 3) Pope, Dnia | 4) Walker, Amber | |

Event 164 Boys 4x400 Meter Relay Intermediate

| Team | Seed | Finals |
|-------------------------------------|----------------------------|---------|
| 1 Tri-City Jets TC 'A' | 3:50.00 | 3:53.88 |
| 1) Hyde, Dellontae | 2) Khummungkuni, Sathaporn | |
| 3) Muqtadir, Mustafu | 4) Wilmot, Tylon | |
| 2 Churchland Trailblazers Track 'A' | | 4:15.34 |
| 1) Blackley, Joeell | 2) Dixon, Darius | |
| 3) Gee, Daquan | 4) Taylor, Kahlil | |

Event 166 Boys 4x400 Meter Relay Young

| Team | Seed | Finals |
|------------------------|-------------------|---------|
| 1 Tri-City Jets TC 'A' | 3:15.00 | 3:35.78 |
| 1) Marrow, Devon | 2) Moore, Kempton | |
| 3) Ridley, Jamarl | 4) Roney, Rodhem | |

Event 167 Women Long Jump Open

| Name | Year Team | Seed | Finals |
|-------------------|--------------|---------|----------|
| 1 Thomas, Camille | Western Bran | 8-06.00 | 16-04.50 |

Event 168 Men Long Jump Open

| Name | Year Team | Seed | Finals |
|-------------------|--------------|----------|----------|
| 1 Smith, Kendrick | Western Bran | | 20-11.00 |
| 2 Banks, Anthony | Western Bran | | 20-10.50 |
| 3 Young, Les | Lazers | | 19-10.00 |
| -- Smith, Keenan | Western Bran | 22-06.00 | FOUL |

Event 170 Men Triple Jump Open

| Name | Year Team | Seed | Finals |
|-------------------|--------------|----------|----------|
| 1 Smith, Keenan | Western Bran | 50-05.50 | 49-06.50 |
| 2 Smith, Kendrick | Western Bran | | 48-05.50 |

Event 178 Men 100 Meter Dash Open

| Name | Year Team | Seed | Finals |
|-------------------|--------------|-------|--------|
| 1 Smith, Keenan | Western Bran | 11.14 | 11.29 |
| 2 Smith, Kendrick | Western Bran | | 11.67 |

Event 183 Women 100 Meter Hurdles Open

| Name | Year Team | Seed | Finals |
|-------------------|--------------|-------|--------|
| 1 Thomas, Camille | Western Bran | 14.06 | 15.22 |

Event 184 Men 110 Meter Hurdles Open

| Name | Year Team | Seed | Finals |
|-------------------|--------------|-------|--------|
| 1 Pierre, Karriem | Western Bran | 13.75 | 15.11 |
| 2 Shannon, Edwin | Unattached | 15.76 | 16.38 |

Event 186 Men 400 Meter Hurdles Open

| Name | Year Team | Seed | Finals |
|--------------|-----------|---------|---------|
| 1 Young, Les | Lazers | 1:01.00 | 1:01.50 |

Event 188 Men 800 Meter Run Open

| Name | Year Team | Seed | Finals |
|------------------|-----------|---------|---------|
| 1 Brown, Maurice | Lazers | 2:15.00 | 2:19.08 |

Event 191 Girls Javelin Throw Turbo Jav Primary

| Name | Year Team | Seed | Finals |
|---------------------|--------------|------|--------|
| 1 Coleman, Janai | Lightning Ea | | 13-02 |
| 2 Jackson, Prynness | Lightning Ea | | 12-00 |

Event 192 Boys Javelin Throw Turbo Jav Primary

| Name | Year Team | Seed | Finals |
|---------------------|--------------|------|----------|
| 1 Stinson, Steven | Lightning Ea | | 19-08.50 |
| 2 Taliaferro, Bryce | Norfolk Real | | 9-02 |

Event 193 Girls Other Softball thw Primary

| Name | Year Team | Seed | Finals |
|--------------------|--------------|------|----------|
| 1 Short, Keiara | Lightning Ea | | 28-09.00 |
| 2 Young, Jamie | Lazers | | 24-03.00 |
| 3 Valentine, Amiya | Unattached | | 20-02.00 |

Event 194 Boys Other Softball thw Primary

| Name | Year Team | Seed | Finals |
|--------------------|--------------|------|----------|
| 1 Ferguson, Caron | Lightning Ea | | 54-11.00 |
| 2 Winfield, Xavier | Central Va T | | 50-03.00 |
| 3 Tyree, Nicholas | Central Va T | | 39-05.50 |
| 4 Marshall, Amari | Churchland T | | 37-07.50 |
| 5 Alston, Tyrik | Churchland T | | 33-02.00 |
| 6 Hinton, Micah | Churchland T | | 32-06.50 |
| 7 Tyree, Jonathan | Central Va T | | 26-05.50 |
| 8 Still, Nian | Central Va T | | 23-01.50 |
| 9 Ford, Evan | Lightning Ea | | 19-01.00 |

Event 195 Girls 50 Meter Dash Primary

| Name | Year Team | Seed | Finals |
|---------------------|--------------|-------|--------|
| 1 Jackson, Prynness | Lightning Ea | | 9.99 |
| 2 Mcmichael, Reagan | Unattached | | 10.48 |
| 3 Coleman, Janai | Lightning Ea | | 10.65 |
| 4 Ford, Tyeon | Lightning Ea | | 11.23 |
| 5 Young, Jamie | Lazers | 12.00 | 11.38 |
| 6 Walters, April | Pwc Panthers | | 12.33 |
| 7 Valentine, Amiya | Unattached | | 14.42 |
| 8 Kidd, Jasmine | Lightning Ea | | 46.19 |

Event 196 Boys 50 Meter Dash Primary

| Name | Year Team | Seed | Finals | H# |
|----------------------|--------------|------|--------|----|
| 1 Ferguson, Caron | Lightning Ea | 9.00 | 9.31 | 2 |
| 2 Stinson, Steven | Lightning Ea | 9.50 | 9.51 | 2 |
| 3 Winfield, Xavier | Central Va T | | 10.21 | 2 |
| 4 Alston, Tyrik | Churchland T | | 10.62 | 1 |
| 5 Tyree, Nicholas | Central Va T | | 11.23 | 2 |
| 6 Hinton, Micah | Churchland T | | 11.33 | 2 |
| 7 Marshall, Amari | Churchland T | | 11.46 | 1 |
| 8 Tyree, Jonathan | Central Va T | | 11.75 | 2 |
| 9 Roach, Trevor | East End Tra | | 12.65 | 1 |
| 10 Still, Nian | Central Va T | | 12.66 | 1 |
| 11 Ford, Evan | Lightning Ea | | 13.01 | 1 |
| 12 Hill, Rhoan | Unattached | | 13.05 | 2 |
| 13 Taliaferro, Bryce | Norfolk Real | | 13.70 | 1 |

Event 197 Girls 100 Meter Dash Primary

| Name | Year Team | Seed | Finals |
|---------------------|--------------|-------|--------|
| 1 Jackson, Prynness | Lightning Ea | | 20.05 |
| 2 Coleman, Janai | Lightning Ea | | 20.09 |
| 3 Short, Keiara | Lightning Ea | | 21.23 |
| 4 Ford, Tyeon | Lightning Ea | | 23.92 |
| 5 Young, Jamie | Lazers | 23.01 | 24.11 |
| 6 Valentine, Amiya | Unattached | | 26.85 |

Event 198 Boys 100 Meter Dash Primary

| Name | Year Team | Seed | Finals | H# |
|--------------------|--------------|-------|--------|----|
| 1 Ferguson, Caron | Lightning Ea | 17.10 | 17.79 | 2 |
| 2 Stinson, Steven | Lightning Ea | 17.60 | 19.37 | 2 |
| 3 Alston, Tyrik | Churchland T | | 19.54 | 2 |
| 4 Winfield, Xavier | Central Va T | | 19.83 | 1 |
| 5 Tyree, Nicholas | Central Va T | | 21.58 | 2 |
| 6 Hinton, Micah | Churchland T | | 21.92 | 2 |
| 7 Marshall, Amari | Churchland T | | 22.02 | 1 |
| 8 Tyree, Jonathan | Central Va T | | 22.83 | 2 |
| 9 Still, Nian | Central Va T | | 24.00 | 1 |
| 10 Roach, Trevor | East End Tra | | 25.99 | 2 |
| 11 Hill, Rhoan | Unattached | | 27.77 | 1 |